
Demographics

READ OUT; "I am going to ask you questions about yourself."

[ASK EVERYONE] [INTERVIEWER'S OBSERVATION]

F1. Gender. (Circle one answer)

- | | |
|--------|----------|
| 1 Male | 2 Female |
|--------|----------|

[ASK EVERYONE]

F2. How old are you exactly? (WRITE EXACT AGE IN BLANK AND CODE APPROPRIATE CATEGORY; TERMINATE IF YOUNGER THAN 60)

Years old



**INTERVIEWER;
TERMINATE IF YOUNGER
THAN 60**

**INTERVIEWER;
Circle one code that
applies to the
respondent's age**

(Circle one answer)

- | | |
|---|-----------------------|
| 1 | 60~64 years old |
| 2 | 65~69 years old |
| 3 | 70~74 years old |
| 4 | 75~79 years old |
| 5 | 80~84 years old |
| 6 | 85 years old or older |

[ASK EVERYONE] [SHOW CARD 1]

F3. Which of the answers on this card best describes your current marital status? (Circle one answer)

- | | |
|---|--|
| 1 | Never married |
| 2 | Married and living with my spouse/partner
(including the situation where spouse/partner is living separately
because of his/her work or business) |
| 3 | Married but living separately from spouse because of healthcare problem
(e.g., spouse is in a hospital or nursing home, being cared for in child's or
relative's home) |
| 4 | Married but separated or divorced from spouse/partner |
| 5 | Widowed |

[ASK EVERYONE] [SHOW CARD 2]

F4. Will you please tell me which, if any, of the following people live in the same household with you?

Please include adopted children, if you have any. (Circle all that apply)

- | | |
|---|--|
| 1 My spouse/partner | 6 My grandchildren |
| 2 My married son(s) | 7 My brothers and/or sisters |
| 3 My married daughter(s) | 8 Other family members or relatives |
| 4 My unmarried son(s) and/or daughter(s) | 9 Someone other than family members or relatives |
| 5 My son-in-law and/or daughter-in-law (My son's and/or daughter's partner) | 10 I live with no one. |

[ASK EVERYONE] [SHOW CARD 3]

F5. How many children do you have who are alive now? Could you tell me how many are living with you, and how many live in separate households? Please include adopted children if you have any.

(Record one answer each for both "living with you" AND "living in separate households")

	Number of children living with you (Circle one answer)	Number of children living in separate households (Circle one answer)
1 person	1	1
2 persons	2	2
3 persons	3	3
4 persons	4	4
5 or more	5	5
No children	6	6

[ASK EVERYONE] [SHOW CARD 4]

F6. Altogether, how many years of full-time education have you had? Do not include years in vocational school, nursery or a kindergarten. (Circle one answer)

- | | |
|-----------|---------------------|
| 1 1 year | 10 10 years |
| 2 2 years | 11 11 years |
| 3 3 years | 12 12 years |
| 4 4 years | 13 13 years |
| 5 5 years | 14 14 years |
| 6 6 years | 15 15 years |
| 7 7 years | 16 16 years |
| 8 8 years | 17 17 years or more |
| 9 9 years | 18 No schooling |

Questions about your life at home

READ OUT; "I am going to ask you questions about your life at home."

[ASK EVERYONE] [SHOW CARD 5]

Q1a. Who does the household work at your home, such as cooking, laundry and cleaning? If applicable, please include family members living separately from you who regularly visit your home to help you. (Circle all that apply)

Q1b. Who does most of the household work in your home? Please indicate one person. (Circle one answer)

	Q1a (MA) ↓	Q1b (SA) ↓
1 I do it myself	1	1
2 My spouse/partner	2	2
3 The child, other family members, or relatives living with me	3	3
4 The child, other family members, or relatives not living with me	4	4
5 A non-paid volunteer	5	5
6 A paid worker, such as a maid	6	6
7 Other (Specify;)	7	7

[ASK EVERYONE] [SHOW CARD 6]

Q2. Do you try to spend your time with your spouse/partner? Or does each of you try to secure time individually for yourself? (Circle one answer)

1 We try to spend our time together
2 We try to secure our own individual time
3 We try to do both
4 I don't know
5 Not applicable (unmarried, separated, divorced, or widowed)

[ASK EVERYONE] [SHOW CARD 7]

Q3. Here are some ways that you may play a helpful part in your immediate family or with relatives. Please tell me which of the following statements describes your role. (Circle all that apply)

- | | |
|---|---|
| 1 | I do/help do the household work |
| 2 | I take care of small children |
| 3 | I give advice to family members or relatives |
| 4 | I am the bread earner |
| 5 | I am the head of the household or family |
| 6 | I provide care (including nursing care) for family members or relatives who are ill or disabled |
| 7 | Other (Specify; _____) |
| 8 | I don't have any particular roles |

[ASK EVERYONE] [SHOW CARD 8]

Q4. How often do you see or keep in touch with your children who do not live with you? If you have more than one child not living with you, please tell me about the child you see or keep in touch with most frequently. (Circle one answer)

- | | |
|---|---|
| 1 | Almost everyday |
| 2 | Once a week or more |
| 3 | Once or twice a month |
| 4 | Several times a year |
| 5 | I hardly see my children or keep in touch with them |
| 6 | I don't have any children who don't live with me |

[ASK EVERYONE] [SHOW CARD 9]

Q5. Which of the following statements on this list is the closest to your view on the relationship between older members of the family and children or grandchildren? (Circle one answer)

- | | |
|---|--|
| 1 | It would be the best if older people live with their children and/or grandchildren |
| 2 | It would be the best if older people have meals and conversations with their children and/or grandchildren from time to time |
| 3 | It would be the best if older people have conversations with their children and/or grandchildren occasionally |
| 4 | It would be the best if older people have no contact with their children and/or grandchildren |
| 5 | I don't know |

[ASK EVERYONE] [SHOW CARD 10]

Q6. Who supports you emotionally? (Circle all that apply)

- | | |
|--|-------------------------------------|
| 1 My spouse/partner | 6 Other family members or relatives |
| 2 My children (including adopted children) | 7 My close friends or acquaintances |
| 3 My child's spouse or partner | 8 Other (SPECIFY;) |
| 4 My grandchildren | 9 No one |
| 5 My brothers and/or sisters | |

Questions about your health and medical and/or social services

READ OUT; "I am going to ask you questions about your health and medical or social services you may receive."

[ASK EVERYONE] [SHOW CARD 11]

Q7. Which of the following statements best describes your present health? (Circle one answer)

- | |
|---|
| 1 I am healthy |
| 2 I am not very healthy, but I am not really sick |
| 3 I sometimes get ill and have to stay in bed |
| 4 I am ill and have to stay in bed all day long |

[ASK EVERYONE] [SHOW CARD 12]

Q8. Which of the following statements best describes how much help you need in your daily life? (Circle one answer)

- | |
|---|
| 1 I don't need any help in my daily life |
| 2 I have some problems, but I can mostly manage on my own |
| 3 I have some problems and receive some help |
| 4 I have problems and receive help most of the time |

[ASK EVERYONE] [SHOW CARD 13]

Q9. Which of the following items on this list do you do to maintain your health? (Circle all that apply)

- | | |
|----|---|
| 1 | I try to get enough rest or sleep |
| 2 | I try to live a well regulated life |
| 3 | I eat nutritiously balanced meals |
| 4 | I take health drinks or tonics |
| 5 | I have medical checkups regularly |
| 6 | I try to cut back on alcohol and/or smoking |
| 7 | I take walks or exercise |
| 8 | I participate in community or neighborhood activities |
| 9 | I try to keep my spirits high |
| 10 | I have hobbies |
| 11 | I try to go out as much as I can |
| 12 | Other (Specify;) |
| 13 | I don't do anything in particular |

[ASK EVERYONE] [SHOW CARD 14]

Q10. Which of the following statements describes your eating habits? (Circle all that apply)

- | | | | |
|---|--|----|---|
| 1 | I eat three square meals a day | 6 | I try not to consume too much salt |
| 2 | I do not have snacks between meals or eat at night | 7 | I try not to consume too much fat |
| 3 | I try not to overeat | 8 | I am careful to eat safe foods, such as organic foods |
| 4 | I take my time when I eat | 9 | I try to eat mainly homemade meals |
| 5 | I eat a variety of foods to maintain a nutritional balance | 10 | Other (Specify;) |

[ASK EVERYONE] [SHOW CARD 15]

Q11. How often do you visit hospitals, clinics or other medical facilities, have a doctor visit you at home, or receive another form of medical services? (Circle one answer)

- | | | | |
|---|----------------------------|---|-------|
| 1 | Almost everyday | 8 | Never |
| 2 | Four or five times a week | | |
| 3 | Two or three times a week | | |
| 4 | About once a week | | |
| 5 | Two or three times a month | | |
| 6 | About once a month | | |
| 7 | Several times a year | | |
- GO TO Q14**

[ASK Q12, IF 1 THROUGH 7 IN Q11] [SHOW CARD 16]

Q12. Overall, how satisfied are you with the medical service you receive most? (Circle one answer)

- | | |
|----------------------|-------------------------|
| 1 Satisfied | 3 Somewhat dissatisfied |
| 2 Somewhat satisfied | 4 dissatisfied |

[ASK Q13, IF 1 THROUGH 7 IN Q11] [SHOW CARD 17]

Q13. Do you have any complaints or problems with the medical service you receive most?
(Circle all that apply)

- | |
|--|
| 1 It's expensive |
| 2 Service providers such as doctors and/or nurses do not give enough explanation |
| 3 There aren't any medical facilities near where I live |
| 4 Medical facilities and/or medical equipment are old |
| 5 I have to wait long to get an appointment for an operation, etc. |
| 6 I have to wait long to see a doctor |
| 7 My privacy is not protected |
| 8 Attitudes of service providers such as doctors and/or nurses are unpleasant |
| 9 I don't receive sufficient treatment |
| 10 Other (Specify; _____) |
| 11 I don't have any complaints or problems |

[ASK EVERYONE] [SHOW CARD 18]

Q14. Which of the following day care or in-home welfare services do you use most? (Circle one answer)

- | |
|---|
| 1 Day care services (rehabilitation or nursing care services) |
| 2 Home helper services |
| 3 Short stay services (temporary overnight or multiple day residence in a facility for rehabilitation or nursing care services) |
| 4 Other (Specify; _____) |
| 5 None |

GO TO Q16

[ASK Q15, IF 1 THROUGH 4 IN Q14] [SHOW CARD 19]

Q15. How often do you use the services mentioned above? (Circle one answer)

- | |
|------------------------------|
| 1 Almost everyday |
| 2 Four or five times a week |
| 3 Two or three times a week |
| 4 Once a week |
| 5 Two or three times a month |
| 6 Once a month |
| 7 Several times a year |

[ASK EVERYONE] [SHOW CARD 20]

Q16. If your health deteriorated to the point you need nursing care or help at home, who would be the main person to care for you? If you are currently receiving nursing care, please indicate the main person that is providing the care. (Circle one answer)

- | | |
|----|--|
| 1 | My spouse/partner |
| 2 | My son (including adopted son) |
| 3 | My daughter (including adopted daughter) |
| 4 | My child's spouse or partner |
| 5 | Other family members or relatives |
| 6 | My friends or acquaintances |
| 7 | A non-paid volunteer |
| 8 | A paid worker such as a home helper |
| 9 | Other (Specify;) |
| 10 | No one |
| 11 | I don't know |

[ASK EVERYONE] [SHOW CARD 21]

Q17. What you would do if you have complaints or problems with the medical or social services you are currently receiving? If you are not currently receiving such services, please indicate what you think you might do in such a situation in the future. (Circle all that apply)

- | | |
|---|--|
| 1 | I would change the service agency, institution or facility that I am using |
| 2 | I would complain directly to the service agency, institution or facility |
| 3 | I would consult with my family or friends |
| 4 | I would consult with the <u>public</u> organization which deals with complaints or problems (ombudsman, etc) |
| 5 | I would consult with the <u>private</u> organization which deals with complaints or problems |
| 6 | I would ask a lawyer to sue the service agency, the institution or facility that I am using |
| 7 | I would probably not do anything even if I have complaints or problems |
| 8 | Other (Specify;) |
| 9 | I don't know |

[ASK EVERYONE] [SHOW CARD 22]

Q18. Have you ever felt that you were treated badly or unfairly because of your age? (Circle one answer)

- | | | | |
|---|------------|---|----------------|
| 1 | Very often | 3 | Not very often |
| 2 | Sometimes | 4 | Never |

Questions about your living expenses

READ OUT; "I am going to ask you questions about your living expenses."

[ASK EVERYONE] [SHOW CARD 23]

Q19a. Which of the following items on this card are sources of your income? (Circle all that apply)

Q19b. (IF MORE THAN ONE SOURCE IN Q19a)

	Q19a (MA) ↓	Q19b (SA) ↓
1 Earnings from a job	1	1
2 Public pension (the Social Security, Veteran's pension, federal employee retirement program, etc.)	2	2
3 Private pension (corporate or company pension, individual pension, etc.)	3	3
4 My savings	4	4
5 Income from investments (dividends, interests, rentals, etc.)	5	5
6 Support from my children, and others	6	6
7 Public assistance	7	7
8 Other (specify;)	8	8

***PLEASE BE CAREFUL WITH THE TRANSLATION.**

[ASK EVERYONE] [SHOW CARD 24]

Q20. How difficult financially is it for you to live from day to day? (Circle one answer)

1 Very difficult	3 Not very difficult
2 Somewhat difficult	4 Not at all difficult

[ASK EVERYONE] [SHOW CARD 25]

Q21. By the time you were in your 50s, which of the following items on this list had you done to prepare financially for your retirement? (Circle all that apply)

- 1 I saved
- 2 I enrolled in an individual pension plan
- 3 I invested in bonds, stocks and/or mutual funds
- 4 I bought real estate(e.g., for rental income)
- 5 I bought jewelry and/or gold
- 6 I improved my professional skills so that I could work in my old age
- 7 Other (Specify;)
- 8 I didn't do anything in particular

[ASK EVERYONE] [SHOW CARD 26]

Q22. Do you consider your current savings and assets to be sufficient for you (or you and your spouse) for the future? (Circle one answer)

- 1 I/we don't need any savings or assets because my/our fundamental requirements of life are fulfilled by social security programs
- 2 Very sufficient
- 3 Somewhat sufficient
- 4 Somewhat insufficient
- 5 Very insufficient
- 6 I don't know

Questions about your occupation

READ OUT; "I am going to ask you questions about your job."

[ASK EVERYONE] [SHOW CARD 27]

Q23. Have you ever had a paying job? (Circle one answer)

1 Yes

2 No

→ GO TO Q29

[ASK Q24, IF "YES" IN Q23] [SHOW CARD 28]

Q24. Which was the job on this list you held for the longest period of time? (Circle one answer)

1 Self-employed(farming, forestry and fishing ; including employees in family business)

2 Self-employed(other than above ; including employees in family business)

3 Manager, executives/officials of the company/organization

4 Full-time worker (office worker/white-collar worker/engineer)

5 Full-time worker (factory worker/blue-collar worker)

6 Part-time (regular worker)

7 Part-time (temporary employed on a daily wage)

[ASK Q25, IF "YES" IN Q23] [SHOW CARD 29]

Q25. What kind of paying job do you have now? (Circle one answer)

1 Self-employed (farming, forestry and fishing; including employees in family business)

2 Self-employed (other than the above; including employees in family business)

3 Manager, executives/officials of the company/organization

4 Full-time worker (office worker/white-collar worker/engineer)

5 Full-time worker (factory worker/blue-collar worker)

6 Part-time (regular worker)

7 Part-time (temporary employed on a daily wage)

8 Do not have a paying job now

→ GO TO Q28

[ASK Q26, IF 1 THROUGH 7 IN Q25] [SHOW CARD 30]

Q26. Would you or would you not like to continue your paying job? (Circle one answer)

- 1 Yes, I would 2 No, I would not → GO TO Q31

[ASK Q27, IF "YES" IN Q26] [SHOW CARD 31]

Q27. Which of the following reasons best describes why you would like to continue your paying job?
(Circle one answer)

- 1 Because I want an income _____
2 Because I enjoy working and it gives me vitality _____
3 Because I can make friends _____ → GO TO Q32
4 Because working is good for my health and it keeps me from getting old _____
5 Other (Specify; _____)

[ASK Q28, IF "8" IN Q25] [SHOW CARD 32]

Q28. When did you resign from your paying job? (Circle one answer)

- 1 In my 20's or earlier 5 In my early 60's
2 In my 30's (60 to 64 years of age)
3 In my 40's 6 In my late 60's
4 In my 50's (65 to 69 years of age)
7 In my 70's or later

[ASK Q29, IF "NO" IN Q23 OR "8" IN Q25] [SHOW CARD 33]

Q29. Would you like to have a paying job in the future? (Circle one answer)

- 1 Yes, I would 2 No, I would not → GO TO Q31

[ASK Q30, IF "YES" IN Q29] [SHOW CARD 34]

Q30. Which of the following reasons best describes why you would like to have a paying job in the future? (Circle one answer)

- 1 Because I want an income _____
2 Because I enjoy working and it gives me vitality _____
3 Because I can make friends _____ → GO TO Q32
4 Because working is good for my health and it keeps me from getting old _____
5 Other (Specify; _____)

[ASK Q31, IF "NO" IN Q26 OR Q29] [SHOW CARD 35]

Q31. What is the main reason that you want to resign from your paying job or you don't want to have a paying job in the future? (Circle one answer)

- | | |
|---|---|
| 1 | Because I have other things that I would like to do |
| 2 | Because of my health problems |
| 3 | Because I cannot find a suitable job |
| 4 | Other (Specify;) |

[ASK EVERYONE] [SHOW CARD 36]

Q32. Generally speaking, what do you think is the appropriate age for men and women to retire? (Circle one answer each for Men and Woman)

	Men (SA) ↓	Women (SA) ↓
1 In (his/her) 40's or earlier	1	1
2 About 50 years of age	2	2
3 About 55 years of age	3	3
4 About 60 years of age	4	4
5 About 65 years of age	5	5
6 About 70 years of age	6	6
7 About 75 years of age	7	7
8 About 80 years of age	8	8
9 Other (Specify;)	9	9

**Questions about your residence and
the environment of your residential area**

READ OUT; "I am going to ask you questions about where you live. "

[ASK EVERYONE] [SHOW CARD 37]

Q33. Which of the following descriptions best describes the type of housing you live in? (Circle one answer)

- | | |
|--|--|
| [Single-family home] | |
| 1 | A single-family home owned by me or a member of my family |
| 2 | A single-family home rented from an individual or private company |
| 3 | A single-family home rented from a public corporation or private nonprofit organization |
| 4 | Other (Specify; _____) |
| [Multidwelling housing complex] | |
| 5 | A housing unit (condominium, apartment, townhouse) owned by me or a member of my family) |
| 6 | A housing unit rented from an individual or private company |
| 7 | A housing unit rented from a public corporation or private nonprofit organization |
| 8 | A housing unit owned by me or a member of my family in a senior housing complex |
| 9 | A rented housing unit in a senior housing complex |
| 10 | Other (Specify; _____) |

[ASK EVERYONE] [SHOW CARD 38]

Q34. When did you move into your current residence? If your residence has been rebuilt, please tell me the date when you moved in before it was rebuilt. (Circle one answer)

- | | | | |
|----------|--------------------|----------|--------------------|
| 1 | 1949 or before | 5 | 1980's (1980~1989) |
| 2 | 1950's (1950~1959) | 6 | 1990~1994 |
| 3 | 1960's (1960~1969) | 7 | 1995 ~1999 |
| 4 | 1970's (1970~1979) | 8 | 2000 or later |

[ASK EVERYONE] [SHOW CARD 39]

Q35. Which of the following problems do you have regarding your housing? (Circle all that apply)

- | | |
|----|--|
| 1 | It's small |
| 2 | There aren't enough rooms |
| 3 | It's so large that it's hard to maintain |
| 4 | Facilities, such as the kitchen and bath, are inconvenient for elderly people to use |
| 5 | The structure of the residence (staircases, etc) is not easy for the elderly to use |
| 6 | It's old and in poor condition |
| 7 | Rent, taxes, and upkeeps impose a heavy financial burden on me |
| 8 | I am worried about being forced to move |
| 9 | I don't get enough light or fresh air |
| 10 | The security system is inadequate |
| 11 | Safety measures for earthquake, fire or other disasters are insufficient |
| 12 | Other (Specify; _____) |
| 13 | I don't have any problems in particular |

[ASK EVERYONE] [SHOW CARD 40]

Q36. Overall, how would you rate your housing? (Circle one answer)

- | | | | |
|---|--------------------|---|-----------------------|
| 1 | Satisfied | 3 | Somewhat dissatisfied |
| 2 | Somewhat satisfied | 4 | Very dissatisfied |

[ASK EVERYONE] [SHOW CARD 41]

Q37. Which of the following problems do you have in your community? (Circle all that apply)

- | | |
|----|--|
| 1 | Inconvenient for grocery shopping |
| 2 | Inconvenient for making regular visits to clinics and hospitals |
| 3 | There aren't enough public facilities, such as libraries or meeting places |
| 4 | There is not enough public transportation, such as buses or trains |
| 5 | Public facilities, such as meeting places, government buildings and shopping spaces, are hard for senior citizens to use |
| 6 | Public transportation is hard for senior citizens to use |
| 7 | Streets in this area are not in good condition |
| 8 | There are no parks or streets in my neighborhood suitable for taking a walk |
| 9 | Bad environment, such as noise and/or air pollution |
| 10 | Crimes, thefts and arsons worry me |
| 11 | The area is prone to natural disasters, such as floods, tornadoes, or earthquakes |
| 12 | Other (Specify; _____) |
| 13 | There are no problems in particular |

[ASK EVERYONE] [SHOW CARD 42]

Q38. Overall, how would you rate the environment of the area you live in? (Circle one answer)

- | | |
|----------------------|-------------------------|
| 1 Satisfied | 3 Somewhat dissatisfied |
| 2 Somewhat satisfied | 4 Very dissatisfied |

[ASK EVERYONE] [SHOW CARD 43]

Q39. If your functional level were to deteriorate and you needed a wheel-chair and/or someone to care for you, how convenient would your residence be to live in? If you are in need of a wheelchair and/or someone to care for you now, tell me about your present situation. (Circle one answer)

- | |
|-------------------------|
| 1 Convenient |
| 2 Somewhat convenient |
| 3 Somewhat inconvenient |
| 4 Very inconvenient |

[ASK EVERYONE] [SHOW CARD 44]

Q40. If your functional level were to deteriorate and you needed a wheel-chair and/or someone to care for you, where would you like to live? If you are in a wheelchair or need someone to care for you now, please answer about your present situation. (Circle one answer)

- | |
|---|
| 1 I would like to live in my current residence without any changes |
| 2 I would like to live in my current residence after renovation |
| 3 I would like to live with one of my children |
| 4 I would like to live in a house for the elderly other than a nursing home |
| 5 I would like to live in a nursing home |
| 6 I would like to be hospitalized |
| 7 Other (Specify;) |

[ASK EVERYONE] [SHOW CARD 45]

Q41. When you go out, what types of transportation do you usually use? (Circle all that apply)

- | |
|---|
| 1 I walk |
| 2 I ride a bicycle |
| 3 I ride a motorbike or scooter |
| 4 I drive a car |
| 5 Someone else drives a car for me |
| 6 I take the bus or street cars |
| 7 I take the train or subway |
| 8 I use a taxi |
| 9 I go out in a wheelchair which I can operate myself |
| 10 I go out in a wheelchair with someone pushing it |
| 11 Other (Specify;) |

[ASK EVERYONE] [SHOW CARD 46]

Q42. Do you have any problems when you go out? (Circle all that apply)

- 1 The pavement is uneven, narrow or slippery
- 2 There are no sidewalks, or the sidewalks are too narrow or difficult to walk on
- 3 It is difficult to cross the streets because there are no pedestrian traffic lights, or because I need to use pedestrian overpasses
- 4 The sidewalks or roads are too crowded with people and cars
- 5 It is difficult to walk on the sidewalks because of parked bicycles, or signboards
- 6 There are not enough signboards/guideposts, or they are difficult to read
- 7 The streets are too dark at night, or there are not enough street lights
- 8 It is difficult to use buses or trains because the boarding steps are too high
- 9 There are too many stairs in the railroad stations and not enough elevators or escalators
- 10 The train fare signs at railroad stations are difficult to read, or the ticket vending machines are difficult to use
- 11 There is not enough parking space for bicycles or cars
- 12 Public restrooms are too few, unsanitary or difficult to use
- 13 There are not enough benches or sitting areas for short rests
- 14 Other (Specify;)
- 15 I don't have any problems in particular

**Questions about your friends, neighbors
and social activities in which you participate**

READ OUT; "I am going to ask you questions about your friends, and neighbors, and social activities in which you participate."

[ASK EVERYONE] [SHOW CARD 47]

Q43. Not counting mere exchanges of greetings, how often do you have a friendly talk with people in your neighborhood? (Circle one answer)

1	Almost everyday	5	Less often than once a week	→	GO TO Q45
2	4 or 5 times a week				
3	2 or 3 times a week				
4	Once a week				

[ASK Q44, IF 1 THROUGH 4 IN Q43] [SHOW CARD 48]

Q44. In which of the following ways do you socialize with your neighbors? (Circle all that apply)

1	Have tea or dinner with them
2	Pursue hobbies with them
3	Give advice each other when needed
4	Help each other with household chores
5	Help each other in times of illness
6	Exchange gifts
7	Don't do anything more than making casual conversations when I happen to see them
8	Other (Specify;)

[ASK EVERYONE] [SHOW CARD 49]

Q45. Do you have any close friends with whom you can discuss personal problems apart from your family? Please circle one that best describes your situation. (Circle one answer)

1	Have close male friends
2	Have close female friends
3	Have close friends of both sexes
4	Do not have any close friends

[ASK EVERYONE] [SHOW CARD 50]

Q46. Do you participate in any volunteer or social activities aimed at improving social welfare or the living environment? Please indicate all activities in which you participate. (Circle all that apply)

- 1 Beautification activities, such as cleaning parks and streets in the neighborhood
- 2 Community events and planning activities for the township
- 3 Nature and environment preservation
- 4 Traffic safety, crime or disaster prevention
- 5 Youth development
- 6 Instructing and/or counseling hobbies, sports or educational activities
- 7 Companion or caretaker of senior citizens or disabled persons
- 8 Assisting or helping at a medical facility or welfare institution
- 9 International exchange or international support activities
- 10 Consumer rights activities
- 11 Religious or political activities
- 12 Supporting activities, using my own hobbies or skills
- 13 Other (Specify;)
- 14 I once participated in one or more of the above, but currently do not
- 15 I have never participated in any of the above

GO TO
Q48

[ASK Q47, IF 14 OR 15 IN Q46] [SHOW CARD 51]

Q47. What are the reasons for not participating in these activities? (Circle all that apply)

- 1 I am not interested
- 2 I have not found an activity that interests me
- 3 I have not found a place near where I live to do the activity
- 4 I cannot find anyone with whom I want to do the activity
- 5 My family or the people around me would not agree with me doing these activities
- 6 I devote my time to providing nursing care to my family
- 7 Participation in these activities is beneath me
- 8 There are other things I want to do
- 9 I do not have enough time or am too mentally occupied with other things to participate
- 10 For health reasons and the lack of confidence in my physical capabilities, I don't think I can participate
- 11 Personal relationships in such groups are a bother
- 12 I cannot afford it financially
- 13 Other (Specify;)

[ASK EVERYONE] [SHOW CARD 52]

Q48. Which, if any, of the educational activities on this list do you participate in? (Circle all that apply)

- 1 Non-credit educational activities provided by private organizations such as community centers
- 2 Educational activities for senior citizens provided by public organizations
- 3 Non-credit lectures or courses provided by public organizations or universities
- 4 Correspondence courses by mail, TV, radio or Internet
- 5 Regular for-credit courses provided by colleges and universities
- 6 Regular for-credit courses provided by vocational schools or colleges
- 7 Other (Specify;)
- 8 None

**GO TO
Q50**

[ASK Q49, IF 8 IN Q48] [SHOW CARD 53]

Q49. What are the reasons for not participating in these educational activities?
(Circle all that apply)

- 1 I am not interested
- 2 I have not found an activity that interests me
- 3 I have not found a place near where I live to do the activity
- 4 I cannot find anyone with whom I want to do the activity
- 5 My family or the people around me would not agree with me doing these activities
- 6 I devote my time to providing nursing care to my family
- 7 Participation in these activities is beneath me
- 8 There are other things I want to do
- 9 I do not have enough time or am too mentally occupied with other things to participate
- 10 For health reasons and the lack of confidence in my physical capabilities, I don't think I can participate
- 11 Personal relationships in such groups are a bother
- 12 I cannot afford it financially
- 13 Other (Specify;)

[ASK EVERYONE] [SHOW CARD 54]

Q50. Which communication tools on this list do you use to contact family members and friends or to seek information? (Circle all that apply)

- | | | |
|---|--|-------------|
| 1 | I contact my family or friends by fax | |
| 2 | I contact my family or friends by E-mail | |
| 3 | I find information or do shopping on the internet | → GO TO Q52 |
| 4 | I contact my family or friends by cell phones | |
| 5 | I find information or do shopping using cell phone | |
| 6 | I don't use any of the above | |

[ASK Q51, IF 6 IN Q50] [SHOW CARD 55]

Q51. What are the reasons for not using any of these communication tools? (Circle all that apply)

- | | |
|---|--|
| 1 | Because I don't really need them |
| 2 | Because I don't know how to use them or they are hard to use |
| 3 | Because I don't know where to buy them |
| 4 | Because there isn't anybody to teach me how to use them |
| 5 | Because they are too expensive |
| 6 | Because printed words on these devices are hard to read |
| 7 | Other (Specify; _____) |

Questions about things that worry you and give you a sense of purposefulness in your life

READ OUT; "I am going to ask you questions about things that worry you and give you a sense of purposefulness in your life."

[ASK EVERYONE] [SHOW CARD 56]

Q52. Are you worried or do you feel stressed often? (Circle one answer)

- | | | | | |
|---|----------------|---|------------|-------------|
| 1 | A lot | 3 | Not at all | → GO TO Q54 |
| 2 | To some extent | | | |

[ASK Q53, IF 1 OR 2 IN Q52] [SHOW CARD 57]

Q53. What kind of problems make you worried or feel stressed? (Circle all that apply)

- 1 Relationship with my family
- 2 Relationship with my friends and acquaintances
- 3 I don't have anyone to talk to
- 4 Financial problems
- 5 Who will take care of me in the future
- 6 My health
- 7 Health problems of other family members
- 8 Who will take care of other members of my family in the future
- 9 Inheritance issues
- 10 My children's and/or grandchildren's future
- 11 My job
- 12 Other (Specify; _____)

[ASK EVERYONE] [SHOW CARD 58]

Q54. When do you feel a sense of purposefulness in your life (i.e., such as having the feeling of being happy to be alive or as truly enjoying yourself)? From the following list, please indicate all the situations that make you feel this way. (Circle all that apply)

- 1 When I am absorbed in work
- 2 When I am absorbed in studying
- 3 When I am absorbed in my hobbies
- 4 When I am absorbed in playing sports
- 5 When I am with my spouse
- 6 When I am with my children or grandchildren
- 7 When I am talking or eating with a friend or acquaintance
- 8 When I am watching television or listening to the radio
- 9 When I am participating in volunteer or community activities
- 10 When I am vacationing
- 11 When someone shows appreciation for something I have done
- 12 When I am earning an income
- 13 When I am eating good food
- 14 When I am interacting with young people
- 15 When I am dressed up
- 16 When I am with my dog, cat or other pets
- 17 Other (Specify; _____)
- 18 I don't know

[ASK EVERYONE] [SHOW CARD 59]

Q55. Overall, how satisfied are you with your life? (Circle one answer)

- | | |
|----------------------|-------------------------|
| 1 Satisfied | 3 Somewhat dissatisfied |
| 2 Somewhat satisfied | 4 dissatisfied |

Questions about the ageing society and the future

READ OUT; "I am going to ask you questions about the ageing society and the future."

[ASK EVERYONE] [SHOW CARD 60]

Q56. What should be the emphasis of the future governmental policies for senior citizens and young people? (Circle one answer)

- | |
|--|
| 1 Policies for senior citizens should be more emphasized |
| 2 Policies should remain as they are now |
| 3 Policies for young people should be more emphasized |
| 4 I don't know |

[ASK EVERYONE] [SHOW CARD 61]

Q57. Of the list provided, which policies and programs for senior citizens do you support?
(Circle all that apply)

- | | |
|----|---|
| 1 | Guaranteeing employment for senior citizens who want to work |
| 2 | Guaranteeing government pension system (i.e., the social security program) |
| 3 | Allowing to accumulate personal assets (property, private pensions, etc.) for old age |
| 4 | Improving medical care for senior citizens |
| 5 | Improving nursing care and social services for senior citizens |
| 6 | Providing opportunities for senior citizens to participate in voluntary activities |
| 7 | Establishing programs for educational activities |
| 8 | Improving housing for senior citizens |
| 9 | Community planning and development with the sensibility to the needs of senior citizens (e.g., transportation system) |
| 10 | Preventing traffic accidents and reducing crimes against assets for senior citizens. |
| 11 | Educating people about the rights of senior citizens |
| 12 | Other (Specify;) |

[ASK EVERYONE] [SHOW CARD 62]

Q58. Which of the following statements best reflects your view of how social security system should be maintained in the future? (Circle one answer)

- 1 The social security system should be improved even if it requires higher taxes and insurance premiums
- 2 The social security system should be maintained at the current level even if it requires higher taxes and insurance premiums
- 3 To avoid higher taxes and insurance premiums in the future, I think it is inevitable that the benefits of the social security system will decline from the current level
- 4 I don't know

[ASK EVERYONE] [SHOW CARD 63]

Q59. Which of the following statements is the closest to your view about what should be the source of an older person's retirement income? (Circle one answer)

- 1 People should save money while working and should not have to rely on the government, their family members, or public support
- 2 Family members should care for their elderly
- 3 Society should care for the elderly through public support such as Social Security
- 4 Other (Specify;)

[ASK EVERYONE] [SHOW CARD 64]

Q60 What percentage of living expenses do you think a retired person should provide from their own savings and earned incomes (excluding public pension income and monetary contributions by the family)? (Circle one answer)

- | | |
|----------|---------------|
| 1 0-9% | 6 50-59% |
| 2 10-19% | 7 60-69% |
| 3 20-29% | 8 70-79% |
| 4 30-39% | 9 80% or more |
| 5 40-49% | |

Total interviewing length

Minutes