

**Survey on Life Attitudes of Parents and Children
(FOR CHILDREN 14–15 YEARS OF AGE)**

October 2011

<REQUEST>

- ◆ Please make sure that this questionnaire is completed by the child (aged 14–15 years old) whose name appears on the introduction postcard.

<INSTRUCTIONS>

- ◆ Most of the questions will ask you to circle the number that corresponds to the answer that applies to you.

Please answer each question in the manner shown in the following examples.

EXAMPLE 1) For each of the following sentences, please circle the number that corresponds to the answer that best describes your attitude. (Circle one per statement)

	Agree	Somewhat agree	Somewhat disagree	Disagree
A I feel good when I wake up early.	①	2	3	4
B I like Western confectioneries better than Japanese confectioneries.	1	2	③	4

EXAMPLE 2) Which animals do you like? Please circle all the numbers that correspond to answers that apply to you.

(Circle as many as you want)

①	Dogs	4	Ducks	⑦	Other (Elephants)
2	Cats	5	Giraffes		
3	Rabbits	⑥	Horses		

- ◆ Please answer each question by circling the number that corresponds to the answer that applies to you.
- ◆ For the number of items to circle, please follow the instructions shown at the end of each question, such as “(Circle one)” or “(Circle as many as you want).”
- ◆ Please follow the question numbers and arrows (→) to enter your responses.
- ◆ Please use a pencil, a black or blue ink pen, or a ballpoint pen to enter your responses.
- ◆ When choosing “Other,” please enter the details in the () space.
- ◆ When choosing between responses, please pick the response that most closely represents your feelings and opinion.
- ◆ After answering all of the questions, please put the questionnaire in the collection envelope, seal it, and give the envelope to the survey staff.

We'd like to start by asking about you.

Q 1 What is your gender? (Circle one)

1	Male	52.5	2	Female	47.5
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Q 2 On a school day, what time do you usually wake up in the morning? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Before 6 AM	6.2
2	6:00 to 6:29	16.5
3	6:30 to 6:59	30.3
4	7:00 to 7:29	35.1
5	7:30 to 7:59	9.4
6	8:00 to 8:29	1.2
7	After 8:30	0.8

Q 3 Do you usually eat breakfast? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	I eat breakfast every day.	83.0
2	I skip breakfast sometimes.	11.6
3	I rarely eat breakfast.	3.7
4	I never eat breakfast .	1.1

Q 4 How often do you brush your teeth? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	I brush my teeth two times or more each day.	66.7
2	I brush my teeth once a day.	26.4
3	I only brush my teeth occasionally.	5.3
4	I rarely brush my teeth.	0.9

Q 5 On the night before a school day, what time do you usually go to bed? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Before 9 PM	0.4	6	11:00 to 11:29	23.2
2	9:00 to 9:29	0.7	7	11:30 to 11:59	20.7
3	9:30 to 9:59	1.5	8	12:00 to 12:29	16.5
4	10:00 to 10:29	6.5	9	12:30 to 12:59	10.8
5	10:30 to 10:59	11.8	10	After 1 AM	7.2

Q 6 We'd like to ask about your health. How do you rate the condition of your own health? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Good	47.8
2	Somewhat good	23.0
3	Average	23.4
4	Somewhat bad	4.4
5	Bad	0.9

Q 7 We'd like to ask about the state of your mind over the past week. How often have you experienced the following feelings in the last week? For each of the items A–C, please circle the number between 1 and 4 that corresponds to the answer that applies to you. (Circle one per item)

	1 Never	2 1 to 2 days in the past week	3 3 to 4 days in the past week	4 More than 4 days in the past week
A Sad	59.4	32.0	5.4	2.5
B Depressed	50.6	30.9	10.9	6.7
C Lonely	83.1	11.8	2.7	1.7

We'd like to ask about school and studying.

Q 8 Do you enjoy the time you spend at school? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	I find it enjoyable	55.7
2	I find it somewhat enjoyable	33.9
3	I find it somewhat not enjoyable	5.8
4	I do not find it enjoyable	4.1

Q 9 Where do your grades stand in comparison to those in the same grade? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Far above average	13.5
2	Above average	22.0
3	Average	28.4
4	Below average	17.1
5	Far below average	16.9
6	None of the above	1.6

Q 10 How much do you understand your classes at school? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	I understand them completely.	} → Go to Q 12	19.7
2	I mostly understand them.		57.2
3	I don't understand them well.	} → Go to Q 11	19.4
4	I don't understand them at all.		3.1

<This question is for people who answered “3 I don't understand them well” and “4 I don't understand them at all” to Q 10>

Q 11 Since when has it become difficult to understand your classes at school? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Since the 1st or 2nd grade in elementary school	2.8
2	Since the 3rd or 4th grade in elementary school	5.6
3	Since the 5th or 6th grade in elementary school	14.5
4	Since the 1st , 2nd or 3rd grade in junior high school	64.3
5	I don't know	12.5

<The following questions are for everyone>

Q 12 On normal days (between Monday and Friday), how much time do you spend each day studying in addition to attending the classes at school? Please include the time you spend at after-school classes. Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	None	6.7
2	Less than 30 minutes	7.9
3	30 minutes to less than 1 hour	13.6
4	1 hour to less than 2 hours	27.4
5	2 hours to less than 3 hours	24.9
6	More than 3 hours	18.5

Q 13 On days when there is no school, such as Saturday and Sunday, how much time do you spend studying each day? Please include the time you spend at after-school classes. Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	None	10.6
2	Less than 30 minutes	8.2
3	30 minutes to less than 1 hour	12.0
4	1 hour to less than 2 hours	19.4
5	2 hours to less than 3 hours	19.7
6	3 hours to less than 4 hours	13.2
7	More than 4 hours	16.5

Q 14 Ideally, which of the following education levels do you want to reach? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Up to junior high school	0.8
2	Up to high school	19.1
3	Up to specialized training college (attending after graduating from high school)	12.9
4	Up to college of technology/junior college	6.0
5	Up to college	56.9
6	Up to graduate school	3.3
7	Other	0.6

Q 15 Realistically, which of the following education levels do you think you will reach? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Up to junior high school	1.8
2	Up to high school	25.7
3	Up to specialized training college (attending after graduating from high school)	11.1
4	Up to a college of technology/junior college	5.7
5	Up to college	51.8
6	Up to graduate school	2.3
7	Others	1.0

Q 16 What are the reasons you think as you answered in Q 15? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	Because that's what I want to do	64.4
2	Because I think people normally do that	23.7
3	Because of my academic ability	20.1
4	Because my parents want me to	11.2
5	Because my parents think I don't need to advance to a school even if I wish to go to it	0.4
6	Because my family does not have sufficient financial resources	4.3
7	Other	3.9
8	No particular reason	6.1

Q 17 What do you think about the following statements? For each of the statements A–D, please circle the number between 1 and 4 that is closest to your attitude. (Circle one per statement)

	1 Agree	2 Somewhat agree	3 Somewhat disagree	4 Disagree
A It's fun to solve problems and learn new things.	66.8	26.8	3.6	2.3
B I get frustrated when I don't score high on a test.	58.2	29.8	7.5	3.9
C I can learn different ways of thinking by studying.	39.1	45.1	11.7	3.5
D I'll have trouble finding jobs in the future if my academic ability is low.	58.3	30.5	7.8	2.8

Q 18 What do you think you will be doing when you are about 40 years old? For each of the statements A–G, please circle the number between 1 and 4 that is closest to your belief. (Circle one per statement)

	1 Agree	2 Somewhat agree	3 Somewhat disagree	4 Disagree
A I'll have a high social status.	6.7	23.8	46.0	22.4
B I'll have a job that helps society.	19.5	47.7	24.0	7.7
C I'll have a job that I find worth doing.	38.6	43.0	13.1	4.3
D I'll have succeeded to the family business or had the same occupation as my parent(s).	3.9	9.6	29.9	55.5
E I'll be married.	40.8	37.8	13.1	7.4
F I'll be raising a child.	37.6	38.4	14.2	8.9
G I'll be hanging out and having a good time with friends outside my work.	57.3	34.2	5.4	2.2

Q 19 What type of work do you want to be doing when you are about 40 years old? Please circle the number that is closest to your attitude. (Circle one)

1 I'd like to be working as a salaried employee such as a company employee or a civil servant.	19.2
2 I'd like to be working as the owner or executive of a company.	4.4
3 I'd like to own my own store.	3.6
4 I'd like to have a job that requires a qualification, such as medical doctor, nurse, teacher, etc.	17.6
5 I'd like to have a job that requires a professional skill, such as engineer, craftsman, etc.	9.5
6 I'd like to have a job that requires special skills, such as art, sports, etc.	12.3
7 I do not have a preference for my occupation or job as long as I can maintain my livelihood.	9.6
8 I'd like to be focused on homemaking and parenting.	5.1
9 I don't want to work.	0.6
10 Other	2.8
11 I don't know	12.9

Q 20 Are you hopeful about your future? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	I'm hopeful.	41.8
2	I'm somewhat hopeful.	40.5
3	I'm somewhat unhopeful.	13.0
4	I'm not hopeful.	4.1

We'd like to ask about your family life.

Q 21 How would you describe the mood in your family? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Warm.	52.2
2	Somewhat warm.	38.3
3	Not very warm.	6.5
4	Not warm at all.	2.4

Q 22 How frequently do you talk to your father and mother about the following topics? For each of the items A–F, please circle the number between 1 and 4 that corresponds to the answer that applies to you. If you do not have a father or mother, please skip the questions about him or her. (Circle one per item)

	In conversations with your father				In conversations with your mother			
	1 Talk about it all the time	2 Talk about it sometimes	3 Do not talk about it much	4 Do not talk about it at all	1 Talk about it all the time	2 Talk about it sometimes	3 Do not talk about it much	4 Do not talk about it at all
A What is happening at school	16.9	30.7	26.3	17.0	43.5	33.7	11.0	4.7
B Studying and grades	19.9	34.5	23.5	13.2	39.3	38.0	11.4	4.1
C Your future	18.9	31.7	26.7	13.6	37.2	36.4	15.2	4.0
D Your friends	13.8	23.2	29.1	24.9	36.4	32.4	16.4	7.6
E Events and news in the country or world	13.8	27.2	27.0	22.8	14.8	30.8	30.2	16.9
F Your hobbies and lessons	17.0	25.4	26.4	22.1	26.2	32.6	21.0	13.1

Q 23 What do you think about your father and mother? For each of the statements A–F, please circle the number between 1 and 4 that corresponds to the answer that applies to you. If you do not have a father or mother, please skip the questions about him or her. (Circle one per statement)

	Father				Mother			
	1 Agree	2 Somewhat agree	3 Somewhat disagree	4 Disagree	1 Agree	2 Somewhat agree	3 Somewhat disagree	4 Disagree
A He/she is strict.	12.6	25.0	33.0	20.2	16.4	33.2	31.4	14.5
B He/she understands me well.	21.3	37.8	19.7	11.8	33.8	42.1	13.9	5.7
C He/she feels I'm a difficult child.	7.1	15.4	34.2	33.9	7.7	16.6	34.5	36.7
D He/she fusses over my studying and grades.	15.1	18.4	29.5	27.6	27.2	28.3	24.1	15.9
E He/she talks to me about a lot of things.	22.0	33.1	23.2	12.3	30.9	40.2	19.0	5.4
F I know his/her work (including homemaking) very well.	24.5	32.0	22.7	11.3	36.4	36.9	15.9	6.3

Q 24 From your perspective, do you think the relationship between your father and mother is (was) good? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1 Good	38.8
2 Somewhat good	17.1
3 Average	26.4
4 Somewhat bad	5.5
5 Bad	4.1
6 I don't remember/I can't answer	6.6

Q 25 Which of the following best describes the financial situation of your family? Please circle the number that corresponds to the answer that applies to you. (Circle one)

1	Struggling greatly	5.3
2	Struggling somewhat	17.8
3	Average	56.6
4	Somewhat comfortable	14.7
5	Very comfortable	5.0

Q 26 How true are the following things to you? For each of the items A–C, please circle the number between 1 and 4 that corresponds to the answer that applies to you. (Circle one per item)

	1 True	2 Somewhat true	3 Somewhat untrue	4 Untrue
A I try not to waste money.	32.3	41.7	19.1	6.3
B I save money to buy or do things I like.	39.4	32.3	18.8	8.8
C I have had trouble not having enough money to buy things I need.	22.8	18.0	27.5	31.1

We'd like to ask about your social life.

Q 27 Regarding your relationships with your friends, please circle the number between 1 and 4 that corresponds to the answer that applies to you for each of the statements A–D. (Circle one per statement)

	1 True	2 Somewhat true	3 Somewhat untrue	4 Untrue
A I have a friend/friends I can talk about anything to.	63.5	25.3	6.6	4.1
B I sometimes feel it's too much bother to hang out with friends.	16.8	27.5	27.5	27.6
C I can talk to someone who I don't get along well with.	33.4	38.5	19.2	8.3
D I have a friend of the opposite sex (boyfriend/girlfriend) who I date.	12.1	4.5	7.0	75.6

Q 28 How much ability do you have to do the following things in your everyday life? For each of the items A–E, please circle the number between 1 and 4 that corresponds to the answer that applies to you.

(Circle one per item)

	1 I can do it fine.	2 I can do it to a certain extent.	3 I can't do it well.	4 I can't do it.
A Explain my ideas to people	20.5	51.3	23.6	4.1
B Listen to people well	36.2	48.7	12.0	2.7
C Talk to people I don't know well	23.0	35.1	29.1	12.2
D Lead people around me	11.7	33.5	35.3	18.9
E Entertain people with jokes	23.2	42.6	24.8	8.9

Q 29 Have you participated in any of the following activities in the area where you live? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	Neighborhood festivals	80.1
2	Events such as sporting and Christmas events organized by the children's board or the neighborhood association	50.2
3	Park and street cleaning, evacuation drills in my area, etc.	36.7
4	Classes and lessons organized by the children's hall, community center, etc.	16.2
5	I have not participated in or gone to any activities.	11.7

We'd like to ask about your attitudes.

Q 30 How much do the following attitudes apply? For each of the statements A–F, please circle the number between 1 and 4 that corresponds to the answer that applies to you.

(Circle one per statement)

	1 Agree	2 Somewhat agree	3 Somewhat disagree	4 Disagree
A I'm satisfied with myself.	12.4	33.8	36.2	16.9
B I feel I have many strengths.	26.6	42.6	21.6	8.6
C I think my parents love (care about) me.	45.1	44.3	7.3	2.4
D I sometimes feel strongly that I'm useless.	23.2	32.5	29.4	14.2
E I want to get married early so that I can have my own family.	21.1	31.8	31.5	14.7
F I want to leave home soon and live independently.	20.1	34.2	33.6	11.4

Q 31 Do you have the following types of adults around you other than your parent(s)? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	Someone I can trust	49.4
2	Someone I can consult at any time	39.4
3	Someone I can respect	46.8
4	Someone who cares about me	45.2
5	Someone who would greet me if we saw each other on the street	63.0
6	I don't have such people in my life.	10.2

Q 32 How much do you agree or disagree with the following statements. For each of the statements A–G, please circle the number between 1 and 4 that corresponds to the answer that applies to you. (Circle one per statement)

	1 Agree	2 Somewhat agree	3 Somewhat disagree	4 Disagree
A I'd rather enjoy my life right now than save and work hard for the future.	21.2	34.6	33.6	9.9
B There are large gaps between the rich and poor in today's society.	52.9	35.5	9.1	1.8
C The husband should work outside the home and the wife should look after the home and family.	9.0	17.7	36.4	36.1
D You should not marry if you don't have sufficient income.	17.4	26.7	32.8	22.3
E You don't have to force yourself to get a job if you can't find a job you want.	12.6	25.9	39.6	21.2
F Your hopes and dreams will be fulfilled if you work hard.	45.6	34.6	12.5	6.5
G You should follow your parents' advice as much as possible.	9.2	39.3	34.8	15.9

We'd like to ask about the experiences you have had.

Q 33 Do the following things apply to you? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	My parents often praised me when I was small.	58.5
2	My parents often played with me when I was small.	72.2
3	When I was small, there were times when no one took me to the hospital when I was injured or sick.	6.9
4	When I was small, there were times when I was not served meals.	1.8
5	I have been praised in front of everyone at school or recognized.	69.6
6	There has been a period when I didn't go to school	8.6
7	I have skipped classes at school.	12.5
8	I have felt that I didn't have a place to be where I could feel secure.	15.4
9	None of these apply to me.	4.9

We'd like to ask about your everyday life.

Q 34 When do you feel a sense of happiness in your everyday life? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	When I'm with my family	53.7
2	When I'm studying at school	13.1
3	When I'm in a club at school	48.4
4	When I'm with friends at school	87.4
5	When I'm at an after-school class or lesson	22.7
6	When I'm participating in events and activities in the area where I currently live	12.6
7	When I spend time by myself	37.0
8	When I'm using a computer or cell phone	48.5
9	Other	10.3
10	I don't have times when I feel a sense of happiness	0.7

Q 35 Do you currently have concerns and problems? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	About my friend(s)	17.9
2	About my parent(s)	7.4
3	About my brother(s) or sister(s)	4.8
4	About my school	14.0
5	About my educational path	66.2
6	About finding a job	17.0
7	About money	19.1
8	About my health	9.4
9	Other	3.0
10	I don't have any problems.	22.5

Q 36 Who gives advice to you when you are worried about something? Please circle all the numbers that correspond to answers that apply to you. (Circle as many as you want)

1	My father	38.4
2	My mother	66.7
3	My grandfather	10.7
4	My grandmother	16.4
5	My brother(s) or sister(s)	22.4
6	Other relatives not listed above (uncles, aunts, nephews, etc.)	7.8
7	My teacher at school	33.1
8	My teacher at an after-school class or lesson	18.8
9	Friends from my elementary school	24.4
10	Friends from my junior high school	71.5
11	Other friends	4.7
12	Other person/people	2.0
13	I don't have anyone	5.6

Thank you for your cooperation!

If you have any comments or feedback, please write them on the next page.

Comments and Feedback

A large, empty rectangular box with a thin black border, intended for providing comments and feedback. It occupies the upper half of the page.