

I. First, we will ask you about your child's education and your own “worries and concerns.”

3 1) Do you have any of the following “worries or concerns” about your child or yourself? Please circle all that apply (1 to 39).

【About your child's daily life】

- | | |
|---|---|
| 1. Daily routine habits (being disorganized) | 2. Tooth brushing and hand washing habits |
| 3. Habits of greeting and expressing gratitude | 4. Dietary habits |
| 5. Tidiness and organizing habits | 6. Language usage |
| 7. Watching TV (content or excessive viewing, and so on) | |
| 8. Playing games (content or excessive gaming, and so on) | |
| 9. Playing in general (content or excessive playing, and so on) | 10. Mobile phones and smartphones usage |
| 11. Lack of exercise | 12. Spending habits |
| 13. Being late, reluctant, refusing to go to school | 14. Clothing and hairstyles |

【About your child's growth and relationships】

- | | |
|---|---|
| 15. Physical development | 16. Emotional development and personality |
| 17. Illnesses and allergies | 18. Relationship with their friends |
| 19. Relationship with their parents | 20. Relationship with their teachers |
| 21. Relationship with their partner (boyfriend or girlfriend) | 22. Bullying |

【About your child's education】

- | | |
|---|---------------------------------|
| 23. Preparing and reviewing school homework | 24. At-home studying habits |
| 25. School grades | 26. Studying for entrance exams |
| 27. Academic planning and school choices | |
| 28. Extracurricular activities, cram school, and educational material choices | 29. Educational expenses |

【About yourself】

- | | |
|-----------------------------------|--|
| 30. Physical health | 31. Mental health (mental stability) |
| 32. Relationship with spouse | 33. Relationship with (yours or your spouse's) parents |
| 34. Caregiving | 35. Balancing your career and family life |
| 36. Household financial situation | 37. Finding purpose in life |

38. Other (please be specific:)

39. None of the above apply (1 to 38)

2) Among the items you selected above (1 to 38), which one are you currently most concerned about?

Please select only one from the items you selected in 1), and write the number in the answer box.

Answer box

II. We will ask you about your "sources of information" regarding parenting and your child's education.

4 1) From where (or whom) do you usually get information about parenting and your child's education? Please select all the numbers that apply (1-18).

【From individuals】

- | | |
|---|---|
| 1. Spouse | 2. Your child |
| 3. Your parents | 4. Spouse's parents |
| 5. Relatives (siblings, uncles, aunts, and so on) | 6. Parents of your child's friends (mom friends or dad friends) |
| 7. Friends | 8. Work friends |
| 9. School teachers | 10. Cram school teachers |

【From media】

- | | |
|---|---|
| 11. Television | 12. Newspapers |
| 13. Books (including specialized books) | 14. Magazines (including specialized journals) |
| 15. Online information sites | 16. Online bulletin boards, blogs, social media |
| 17. Others (please specify who/what:) | |
| 18. None of the above apply (1 to 17) | |

2) Among the items you selected above (1 to 17), which one has been the most helpful?

Please select only one from the items you selected above (1 to 17), and write the number in the answer box.

Answer box

III. Next, we will ask you about your household "rules (promises) and education policies."

5 In your household, do you have the following types of promises or rules regarding your child's daily life and education?

For each item from 1) to 5), please select the appropriate number in column A.

※ If you do not have any household rules (promises), please select "no."

Additionally, for those who answered "yes" in column A, please indicate in column B how well your child follows the rules (promises).

	(Required field)		(Only for those who selected "2. Yes" in column A)			
	Column A		Column B			
	Do you have any rules or promises?		How well does your child follow them?			
	No	Yes	Follows them well	Somewhat follows them	Doesn't follow them well	Doesn't follow them at all
1) TV and gaming time ·····	1 ———	2 ———	1 ———	2 ———	3 ———	4 ———
2) Mobile phone and smartphone usage ·····	1 ———	2 ———	1 ———	2 ———	3 ———	4 ———
3) Spending habits ·····	1 ———	2 ———	1 ———	2 ———	3 ———	4 ———
4) Studying time ·····	1 ———	2 ———	1 ———	2 ———	3 ———	4 ———
5) Household chores ·····	1 ———	2 ———	1 ———	2 ———	3 ———	4 ———

6 We will now ask you about the "allowance" given to the child who is the subject of this survey.

1) Do you have a fixed amount for your child's allowance?

1. Yes, we have a set amount 2. No, we do not have a set amount

2) On average, how much do you give your child each month?

Even if you do not have a fixed amount, please provide an approximate monthly sum you give your child.

- | | | |
|-----------------------------------|--------------------------------|---------------------------------|
| 1. ¥0 | 2. from ¥1 to under ¥500 | 3. from ¥500 to under ¥1000 |
| 4. from ¥1,000 to under ¥2,000 | 5. from ¥2,000 to under ¥3,000 | 6. from ¥3,000 to under ¥4,000 |
| 7. from ¥4,000 to under ¥5,000 | 8. from ¥5,000 to under ¥7,000 | 9. from ¥7,000 to under ¥10,000 |
| 10. from ¥10,000 to under ¥20,000 | 11. ¥20,000 and over | |

7 At home, to what extent do you emphasize the importance of the following to your child?

	Frequently tell them	Occasionally tell them	Rarely tell them	Never tell them
1) Maintaining a daily routine	1	2	3	4
2) Developing good habits	1	2	3	4
3) Eating a balanced diet	1	2	3	4
4) Taking good care of your belongings	1	2	3	4
5) Studying diligently	1	2	3	4
6) Respecting your friends	1	2	3	4
7) Respecting your parents and relatives	1	2	3	4
8) Following what your teachers say	1	2	3	4
9) Interacting with various people	1	2	3	4
10) Learning manners and etiquettes	1	2	3	4
11) Experiencing arts and music	1	2	3	4
12) Reading books and newspapers	1	2	3	4
13) Developing physical ability and strength	1	2	3	4
14) Experiencing Japanese culture and traditions	1	2	3	4
15) Experiencing foreign cultures	1	2	3	4
16) Forming your own opinions	1	2	3	4
17) Following through on what you decided to do	1	2	3	4
18) Expressing your feelings while considering others' feeling	1	2	3	4
19) Helping others	1	2	3	4
20) Having confidence in oneself	1	2	3	4
21) Thinking about what went wrong when failing	1	2	3	4
22) Asking for help when in trouble	1	2	3	4
23) Taking on difficult or new challenges	1	2	3	4
24) Having clear goals for the future	1	2	3	4

8 To what extent do the following statements apply to your interactions with your child?

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
1) Praise them when they do something good ·····	1	2	3	4
2) Scold them when they do something bad ·····	1	2	3	4
3) Encourage them when they fail ·····	1	2	3	4
4) Support what your child wants to do ·····	1	2	3	4
5) Tell them to "do what they can do on their own" ·····	1	2	3	4
6) Always tell them what to do ·····	1	2	3	4
7) Teach them how to cook or clean ·····	1	2	3	4
8) Help them with their studies ·····	1	2	3	4
9) Teach them how to study ·····	1	2	3	4
10) Teach them the joy of studying ·····	1	2	3	4
11) When your opinions differ with your child, you prioritize your own ·····	1	2	3	4
12) Don't keep your promises made to your child ·····	1	2	3	4
13) Don't understand your child's feelings ·····	1	2	3	4
14) Feel that your child has grown ·····	1	2	3	4
15) Feel that you have grown as a parent ·····	1	2	3	4
16) Respond to your child's questions ·····	1	2	3	4
[Only for first to third grader elementary school students]				
17) Encourage your child to form their own opinions ·····	1	2	3	4
[Only for first to third grader elementary school students]				

9 To what extent do the following statements apply to your child's education?

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
1) Want them to improve their grades so they can get into the best university possible ·····	1	2	3	4
2) Even with academic credentials, it's meaningless if they don't develop the skills needed to succeed in society ·····	1	2	3	4
3) Willing to stretch your finances when it comes to your child's education ·····	1	2	3	4
4) Try to keep up with the general trends in children's education and academic enrollment ·····	1	2	3	4
5) Discuss your child's discipline and education together with your spouse ·····	1	2	3	4
6) Would like your child to have various experiences while they are still young ·····	1	2	3	4
7) Worried about whether your child will be independent as an adult ·····	1	2	3	4
8) Would like your child to thrive and make an impact on the world in the future ·····	1	2	3	4

10 In your household, how often did you (or do you) read picture books or books (including illustrated encyclopedias) to your child, or read together with them, during the following periods? [Only for first to third grade elementary school students]

	Almost everyday	4 to 5 days a week	2 to 3 days a week	once a week	1 to 3 days a month	Rarely did (rarely do)
1) Before your child entered elementary school	1	2	3	4	5	6
2) Currently	1	2	3	4	5	6

IV. Next, we will ask you about your child's extracurricular activities or cram school attendance (during an average school week, excluding summer vacation).

11 Does your child currently attend extracurricular activities or sports clubs outside of school? (Excluding school club activities, cram schools, and learning centers such as Kumon.)

1. Currently attending 2. Currently not attending▶ Proceed to question **12**



For those who marked "1. Currently attending," please select all of the following items (1 to 17) that your child is currently attending.

- | | | |
|--|--------------------------|--------------------------------------|
| 1. Swimming | 2. Soccer | 3. Baseball or Softball |
| 4. Tennis | 5. Basketball | 6. Gymnastics or Physical activities |
| 7. Dance | 8. Track and field | 9. Martial arts |
| 10. Sports other than 1 to 9 (Please specify:) | | |
| 11. Music lessons | 12. Art or craft lessons | 13. Ballet |
| 14. Japanese calligraphy or calligraphy | 15. Abacus | |
| 16. English conversation or English lessons | | |
| 17. Cultural activities other than 11 to 16 (Please specify:) | | |

12 Is your child currently attending a cram school? (This includes learning centers such as Kumon, while excluding extracurricular activities such as English conversation schools, abacus, and calligraphy classes.)

1. Currently attending 2. Currently not attending▶ Proceed to question **13**



1) For those who marked "1. Currently attending," please select the closest type of cram school that your child is attending.

1. Worksheet-based crams schools (Kumon, Gakken Classroom, and so on)
2. Supplementary cram schools to help with schoolwork
3. Preparatory cram schools for entrance exams

2) What type of cram school is your child attending? Please choose the closest option.

1. Group instruction (4 or more students) 2. Individual instruction (1 to 3 students) 3. Video lessons 4. Other

13 Undisclosed

14 How much does your household spend on education expenses? (Total costs for extracurricular activities, cram school fees, educational materials, and so on. Excluding school tuition.)

1) Please select the monthly average educational expenses for your child who is the subject of this survey.

1. less than ¥1,000 2. from ¥1,000 to under ¥2,500 3. from ¥2,500 to under ¥5,000
4. from ¥5,000 to under ¥10,000 5. from ¥10,000 to under ¥15,000 6. from ¥15,000 to under ¥20,000
7. from ¥20,000 to under ¥30,000 8. from ¥30,000 to under ¥40,000 9. from ¥40,000 to under ¥50,000
10. ¥50,000 and over

2) Please select the monthly average educational expenses of the total amount for all children, including the child from question 1.

**If you have only one child, please proceed to 15.*

1. less than ¥5,000 2. from ¥5,000 to under ¥10,000 3. from ¥10,000 to under ¥20,000
4. from ¥20,000 to under ¥30,000 5. from ¥30,000 to under ¥40,000 6. from ¥40,000 to under ¥50,000
7. from ¥50,000 to under ¥70,000 8. from ¥70,000 to under ¥100,000 9. from ¥100,000 to under ¥150,000
10. from ¥150,000 to under ¥200,000 11. ¥200,000 and over

V. We will ask you about your child's education plans and learning situations.

15 We will ask you about junior high school entrance exams.

Do you plan to have your child take junior high school entrance exams? [Only for elementary school students]

1. Yes

2. No

3. Not decided yet



Please proceed to 18.

For those who marked "1. Yes" please select the closest type of school you are considering having your child apply to?
Please select all applicable options. [Only for fourth to sixth grade elementary school students]

1. Private junior high school 2. Junior high school affiliated with a national university
3. Public 6-year secondary education school 4. Other (Please specify:)
5. Not yet decided or unsure

16 Did your child take entrance exams for junior high schools? [Only for junior high school students]

- 1. Took the junior high school entrance exam
 - 2. Prepared for the exam but withdrew
 - 3. Considered taking the exam but did not
 - 4. Did not consider taking the exam
-
- Please proceed to **18**

For those who marked "1. Took the junior high school entrance exam," please select the type of school your child took the entrance exam for. Please mark all that apply.

- 1. Private junior high school
- 2. Junior high school affiliated with a national university
- 3. Public integrated junior high and high school
- 4. Other (Please specify:)

17 Which of the following applies to your child's current admission in high school (including technical colleges, and so on)? [Only for high school students]

- 1. Entered via general entrance exam
- 2. Entered via recommendation-based entrance exam
- 3. Attended a 6-year secondary education school, and advanced without an exam
- 4. Attended a 6-year secondary education school, but advanced by taking an internal advancement exam
- 5. Other (Please specify:)

18 What level of education do you plan on having your child pursue in the future?

- 1. Up to junior high school [only for elementary and junior high school students]
- 2. Up to high school
- 3. Up to specialized training college or vocational school
- 4. Up to junior college
- 5. Up to university (four-year university, six-year university)
- 6. Up to graduate school
- 7. Other (please specify:)
- 8. Not yet decided

19 From your perspective, is your child good or bad at the following activities?

	Very good at it	Somewhat good at it	Somewhat poor at it	Very poor at it	Do not know
1) Playing sports or other physical activities	1	2	3	4	5
2) Playing musical instruments or singing	1	2	3	4	5
3) Making things or drawing	1	2	3	4	5
4) Memorizing (remembering things)	1	2	3	4	5
5) Understanding diagrams and charts (graphs)	1	2	3	4	5
6) Considering multiple ways to solve a problem	1	2	3	4	5
7) Carefully tackling difficult problems [Only for grades 4 to 6, junior high school, and high school students]	1	2	3	4	5
8) Setting up a study plan	1	2	3	4	5
9) Figuring out their own study methods	1	2	3	4	5
10) Looking up things they don't understand or know	1	2	3	4	5
11) Selecting and using reliable information from various sources	1	2	3	4	5
[For grades 1 to 3, the question was "to gather various information"]					
12) Thinking logically (by following a logical flow)	1	2	3	4	5
[For grades 1 to 3, the question was "to think reasonably"]					
13) Organizing their thoughts into written formats	1	2	3	4	5
14) Coming up with ideas that others haven't thought of	1	2	3	4	5
15) Making their own decisions and taking action	1	2	3	4	5
16) Listening to others' opinions, while considering the differences from their own perspective	1	2	3	4	5
[For grades 1 to 3, the question was "to listen to others until they finish speaking"]					
17) Incorporating others' opinions into their own perspective	1	2	3	4	5
18) Presenting their ideas in front of others	1	2	3	4	5
19) Getting along well with various people	1	2	3	4	5
20) Leading a group as the leader	1	2	3	4	5
21) Cooperating to unite the group	1	2	3	4	5
22) Using English to communicate with people [only for junior high or high school students]	1	2	3	4	5

20 How would you generally rate your child's academic performance in elementary school (or junior high or high school) compared to other students in the same class (grade)?

[For grades 1 to 3, this question asks separately about "Japanese or language classes" and "Math classes"]

Lower end	Below average	Around average	Above average	Upper end	Do not know
1	2	3	4	5	6

VI. We will ask you about you and your spouse.

21 1) Do you currently have a spouse (husband or wife)? *Please answer if you feel comfortable.

1. Yes 2. No

2) Please tell us about you and your spouse.

**If you answered "2. No" in question 1, please only fill out your section.*

You

①Date of birth

Born in () year () month

②Graduated from the following junior high school

1. Public junior high school
2. Junior high school affiliated with a national university
3. Private junior high school
4. Other

③Graduated from the following high school

1. Public high school
2. High school affiliated with a national university
3. Private high school
4. Other
5. Did not attend high school or dropped out

④Last school they graduated from (excluding dropouts)

1. Junior high school
2. High school
3. Specialized training college or vocational school
4. Junior college
5. University (four-year university, six-year university)
6. Graduate school
7. Other

Your spouse

①Date of birth

Born in () year () month

②Graduated from the following junior high school

1. Public junior high school
2. Junior high school affiliated with a national university
3. Private junior high school
4. Other
5. Do not know

③Graduated from the following high school

1. Public high school
2. High school affiliated with a national university
3. Private high school
4. Other
5. Did not attend high school or Dropped out
6. Do not know

④Last school they graduated from (excluding dropouts)

1. Junior high school
2. High school
3. Specialized training college or vocational school
4. Junior college
5. University (four-year university, six-year university)
6. Graduate school
7. Other
8. Do not know

You**⑤ Current type of employment status (please select one)**

1. Regular employee and full-time employee
2. Part-time worker
3. Contract employee or employee on a short-term contract ("shokutaku")
4. Dispatched worker ("haken sha-in")
5. Self-employed (including family business employee)
6. Other
7. Unemployed (including full-time homemaker)

▶ Please proceed to 22

⑥ Current job (working hours)

1. Full-time job (works 7 to 8 hours)
2. Part-time job (works partial hours)

⑦ Current job (occupation) (please select one)

1. Office and sales occupations (office worker, sales employee, bank clerk, bill collector, etc.)
2. Retail and service occupations (shop owner, shop assistant, sales representative, hairdresser, cleaner, helper, etc.)
3. Skilled labor and manual occupations (factory worker, construction worker, etc.)
4. Security-related occupations (self-defense forces personnel, police officer, security guard, etc.)
5. Transportation-related occupations (truck or taxi driver, mail carrier, delivery personnel, etc.)
6. Agriculture, forestry and fishing Occupations (including gardeners and landscape gardeners)
7. Professional and technical occupations (doctor, lawyer, teacher, engineer, etc.)
8. Managerial occupations (managerial positions equivalent to section chief or above, legislator, etc.)
9. Other

⑧ Approximate time they come home on workdays

Around PM / AM () hour () minute

※If the time varies by day,
please provide an average time in 30-minute blocks.

※Please select either "PM" or "AM."

Your spouse**⑤ Current type of employment status (please select one)**

1. Regular employee and full-time employee
2. Part-time worker
3. Contract employee or employee on a short-term contract ("shokutaku")
4. Dispatched worker ("haken sha-in")
5. Self-employed (including family business employee)
6. Other
7. Unemployed (including full-time homemaker)
8. Do not know

⑥ Current job (working hours) Please proceed to 22

1. Full-time job (works 7 to 8 hours)
2. Part-time job (works partial hours)
3. Do not know

⑦ Current job (occupation) (please select one)

1. Office and sales occupations
2. Retail and service occupations
3. Skilled labor and manual occupations
4. Security-related occupations
5. Transportation-related occupations
6. Agriculture, forestry and fishing Occupations
7. Professional and technical occupations
8. Managerial occupations
9. Other
10. Do not know

⑧ Approximate time they come home on workdays

Around PM / AM () hour () minute

22 We will ask you about you and your spouse's involvement in housework and childcare.

1) On a typical day (when your child has school), approximately how much time do you spend or talk with your child who is the subject of this survey? Please exclude sleeping hours.

If it varies by day, please provide the approximate time on average.

***Please skip question 2 if you do not have a spouse.**

	Rarely	30 minutes	1 hour	2 hours	3 hours	4 hours	More than 4 hours	
① You	1	2	3	4	5	6	7	
② Your spouse ...	1	2	3	4	5	6	7	Do not know 8

2) Out of all the household chores and parenting responsibilities shared between you and your spouse, approximately how much do you handle?

***Please proceed to question 23 if you do not have a spouse.**

	I am mostly not involved(0%)	10 to 20 %	30 to 40%	Around half (50%)	60 to 70%	80 to 90%	I am mostly involved(100%)
① Household chores	1	2	3	4	5	6	7
② Childcare	1	2	3	4	5	6	7

VII. We will now ask you about your household.

23 Are you currently living with any of the following people? Please select all that apply.

1. Your spouse
2. Your parents or your spouse's parents
3. Relatives (your siblings, uncles, aunts, and so on)

24 Please tell us about all of your children. ***Please answer if you feel comfortable.**

1) Number of children (all).....() children

※Please include the child(ren) being surveyed in your response

2) Your child(ren)'s gender and current age

※If you have only one child, please fill in only the first child's section

If you have five or more children, please write in the blank space below.

	Gender	Age
① First Child	1. Boy 2. Girl	() years old
② Second Child	1. Boy 2. Girl	() years old
③ Third Child	1. Boy 2. Girl	() years old
④ Fourth Child	1. Boy 2. Girl	() years old

25 What is your total household income (for dual-income households, the combined income of both you and your spouses)? Please provide your approximate total income for last year, including bonuses and other payments, with taxes included.

- | | | |
|---|--|--|
| 1. Under ¥2 million | 2. From ¥2 million to under ¥3 million | 3. From ¥3 million to under ¥4 million |
| 4. From ¥4 million to under ¥5 million | 5. From ¥5 million to under ¥6 million | 6. From ¥6 million to under ¥8 million |
| 7. From ¥8 million to under ¥10 million | 8. From ¥10 million to under ¥15 million | 9. From ¥15 million to under ¥20 million |
| 10. ¥20 million and over | 11. Prefer not to answer | |

26 Approximately how much financial assistance did you receive from your parents or your spouse's parents (your child's grandparents) last year? Please provide the approximate amount for the past year.

- | | | |
|------------------------------------|--------------------------------------|------------------------------------|
| 1. None | 2. Less than ¥100,000 | 3. From ¥100,000 to under ¥200,000 |
| 4. From ¥200,000 to under ¥300,000 | 5. From ¥300,000 to under ¥400,000 | 6. From ¥400,000 to under ¥600,000 |
| 7. From ¥600,000 to under ¥800,000 | 8. From ¥800,000 to under ¥1 million | 9. ¥1 million and over |
| 10. Prefer not to say | | |

27 How much help do you receive from your parents or your spouse's parents (your child's grandparents) with household chores and childcare? Please select the option that applies.

- | | | | | | | | | |
|--------------------------|-----------------------|-----------------------|------------------------|------------------|------------------------|-----------------|-------|-------------------------|
| 5 or more days
A week | 3 to 4 days
a week | 1 to 2 days
a week | 2 to 3 days
a month | 1 day
a month | Several days
a year | Almost
never | Never | Do not have
a parent |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

VIII. Finally, we will ask you about yourself.

28 How often do you usually experience the following situations in your daily life?

- | | | | | |
|--|---------------|----------------------|----------------|---------------|
| | Often happens | Occasionally happens | Rarely happens | Never happens |
| 1) Enjoy hobbies and sports | 1 | 2 | 3 | 4 |
| 2) Be moved by a book, drama, film, etc. | 1 | 2 | 3 | 4 |
| 3) Study to improve your skills | 1 | 2 | 3 | 4 |
| 4) Making things you need for daily life by hand | 1 | 2 | 3 | 4 |
| 5) Spend time with or talk with friends | 1 | 2 | 3 | 4 |
| 6) Talk with neighbors | 1 | 2 | 3 | 4 |
| 7) Participate in local events | 1 | 2 | 3 | 4 |
| 8) Participate in or assist in activities at your child's school | 1 | 2 | 3 | 4 |

29 On a scale of 0 to 100, how would you rate your level of independence?

- | | | | | | | | | | | | |
|---|----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|
| | 0 points | 10 points | 20 points | 30 points | 40 points | 50 points | 60 points | 70 points | 80 points | 90 points | 100 points |
| 1) Independence in household chores | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 2) Financial independence | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 3) Independence as a parent | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 4) Independence as a citizen (volunteering, participation in community and politics, and so on) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

This is the end of this questionnaire. We sincerely appreciate your time and cooperation.

***The following questions are only for guardians of children in grades 1 to 3.**

These questions correspond to the children's questionnaire. Please sort the questions in the same order as the children's questionnaire, and indicate in the variable label which item on the children's survey their answer corresponds to.

30 (On a school day) What time does your child usually wake up in the morning and go to bed at night?

1) Time your child wakes up in the morning

Before 6:00 a.m. Around 6:00 a.m. Around 6:30 a.m. Around 7:00 a.m. Around 7:30 a.m. Around 8:00 a.m. After 8:00 a.m.

1 — 2 — 3 — 4 — 5 — 6 — 7

2) Time your child goes to bed at night

Before 10:00 p.m. Around 10:00 p.m. Around 10:30 p.m. Around 11:00 p.m. Around 11:30 p.m. Around 12:00 a.m. Around 12:30 a.m. Around 1:00 a.m. Around 1:30 a.m. Around 2:00 a.m. After 2:00 a.m.

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10 — 11

31 How much time does your child usually spend each day doing the following activities (on a school day)?

Please exclude the time your child spends doing these activities at school. If it varies from day to day, please give an estimate of your average schedule.

None 5 minutes 10 minutes 15 minutes 30 minutes 1 hour 2 hours 3 hours 4 hours 4 hours More than

1) Watching TV or DVDs ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

2) Playing with video games or portable game consoles ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

3) Using a computer or tablet (such as an iPad) ··· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

4) Reading books ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

5) Reading manga or magazines ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

6) Reading newspapers ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

7) Exercising or playing sports (excluding lessons or club activities) ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

8) Spending time with friends ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

9) Spending time with family ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

10) Spending time alone ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

11) Doing school homework ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

12) Studying besides school homework (excluding time spent at cram schools) ····· 1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

* Sub-question of question **11**

32 1) How much time does your child spend in a typical week attending extracurricular activities (during an average school week, excluding summer vacation)? If they go to two places in one day, please count it as “2 times.”

1 time 2 times 3 times 4 times 5 times 6 times 7 times or more
 1 ————— 2 ————— 3 ————— 4 ————— 5 ————— 6 ————— 7

2) How much time does your child spend per session?

If the time varies, please give an estimate of the average time.

30 minutes 1 hour 1 hour 30 minutes 2 hours 2 hours 30 minutes 3 hours 3 hours 30 minutes 4 hours More than 4 hours
 1 ————— 2 ————— 3 ————— 4 ————— 5 ————— 6 ————— 7 ————— 8 ————— 9

* Sub-question of question **12**

33 1) How much time in a typical week does your child spend attending cram schools (during an average school week, excluding summer vacation)? If they go to two places in one day, please count it as “2 times.”

1 time 2 times 3 times 4 times 5 times 6 times 7 times or more
 1 ————— 2 ————— 3 ————— 4 ————— 5 ————— 6 ————— 7

2) How much time does your child spend studying per session?

If the time varies, please give an estimate of the average time.

30 minutes 1 hour 1 hour 30 minutes 2 hours 2 hours 30 minutes 3 hours 3 hours 30 minutes 4 hours More than 4 hours
 1 ————— 2 ————— 3 ————— 4 ————— 5 ————— 6 ————— 7 ————— 8 ————— 9

34 How often do the following situations occur in your child’s daily life?

For items 1) to 4), please answer based on an average school week. 4 to 5 days a week 2 to 3 days a week 1 day a week (0 days a week)

- 1) Not preparing for school the next day 1 ————— 2 ————— 3 ————— 4
- 2) Having a family member wake them up in the morning 1 ————— 2 ————— 3 ————— 4
- 3) Not eating breakfast 1 ————— 2 ————— 3 ————— 4
- 4) Eating dinner alone 1 ————— 2 ————— 3 ————— 4
- Frequently Occasionally Rarely Never
- 5) Not brushing their teeth 1 ————— 2 ————— 3 ————— 4
- 6) Being picky about food 1 ————— 2 ————— 3 ————— 4
- 7) Eating too much 1 ————— 2 ————— 3 ————— 4
- 8) Not keeping personal belongings organized and tidy 1 ————— 2 ————— 3 ————— 4
- 9) Not greeting or thanking people around them 1 ————— 2 ————— 3 ————— 4
- 10) Getting into an argument with a friend 1 ————— 2 ————— 3 ————— 4
- 11) Disobeying (rebellious against) parents 1 ————— 2 ————— 3 ————— 4

35 How often does your child hang out at the following places after school or on their days off?

(Please include times when they are alone as well.)

	Very often	Occasionally	Not very often	Never	Do not know
1) Their own house	1	2	3	4	5
2) Their friend's house	1	2	3	4	5
3) School classroom	1	2	3	4	5
4) School playground (schoolyard or gymnasium)	1	2	3	4	5
5) Park or playground	1	2	3	4	5
6) Places with nature (such as the ocean, mountains, rivers, forests)	1	2	3	4	5
7) Public facilities such as children's centers and libraries	1	2	3	4	5
8) Classrooms for extracurricular activities and cram schools	1	2	3	4	5 Do not know/ Not attending
9) After-school childcare clubs (after-school centers)	1	2	3	4	5

36 Does your child use the following digital devices at home? *

	Not using	Sharing with family	Using their own device
1) Personal computer	1	2	3
2) Tablet (such as an iPad)	1	2	3
3) Portable music player (such as an iPod touch)	1	2	3
4) Cell phone	1	2	3
5) Smartphone	1	2	3

37 Has your child experienced any of the following things over the past year? Please select all options that apply to them.

1. Go on a family trip
2. Travel abroad
3. Play freely in nature
4. Visit art galleries and museums
5. Celebrate seasonal events at home (such as Christmas or Setsubun)
6. Visit their ancestors' graves
7. Participate in local events (such as summer festivals)
8. Taking care of young children (including children in the neighborhood)
9. Doing research on things that spark their curiosity
10. None of the above apply

38 How often does your child typically talk with their father and mother about the following topics?

(If they do not have a father or mother, please skip this section.)

① Talking with their father

Often talk Occasionally talk Rarely talk Never talk

1) About what happened at school 1 ————— 2 ————— 3 ————— 4

2) About their friends 1 ————— 2 ————— 3 ————— 4

3) About their studies and grades 1 ————— 2 ————— 3 ————— 4

4) About their future plans or
educational or career paths 1 ————— 2 ————— 3 ————— 4

5) About the news or society 1 ————— 2 ————— 3 ————— 4

② Talking with their mother

Often talk Occasionally talk Rarely talk Never talk

1 ————— 2 ————— 3 ————— 4

1 ————— 2 ————— 3 ————— 4

1 ————— 2 ————— 3 ————— 4

1 ————— 2 ————— 3 ————— 4

1 ————— 2 ————— 3 ————— 4

39 To what extent do the following apply to your child's school life?

Strongly agree Somewhat agree Somewhat disagree Strongly disagree

1) They enjoy spending time with their friends 1 ————— 2 ————— 3 ————— 4

2) They like their teachers 1 ————— 2 ————— 3 ————— 4

3) They like their school 1 ————— 2 ————— 3 ————— 4

40 How much does your child like to "study"?

Strongly like Somewhat like Slightly dislike Strongly dislike

1 ————— 2 ————— 3 ————— 4

41 How much does your child like the following subjects?

Strongly like Somewhat like Slightly dislike Strongly dislike Do not know

1) Japanese Language 1 ————— 2 ————— 3 ————— 4 5

2) Arithmetic 1 ————— 2 ————— 3 ————— 4 5

3) Daily Life Studies (First and second graders) 1 ————— 2 ————— 3 ————— 4 5

4) Science (Third graders) 1 ————— 2 ————— 3 ————— 4 5

5) Social Studies (Third graders) 1 ————— 2 ————— 3 ————— 4 5

42 How much do the following statements apply to your child?

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
1) Do things on their own when they can	1	2	3	4
2) Immerse themselves into things that interest them	1	2	3	4
3) Follow through on what they decided to do	1	2	3	4
4) Enjoy making people around them laugh	1	2	3	4
5) Express their feelings while considering others' feelings	1	2	3	4
6) They don't want to lose to their friends	1	2	3	4
7) Have confidence in themselves	1	2	3	4
8) When in trouble, they ask others for help	1	2	3	4
9) They always want to take on difficult or new challenges	1	2	3	4