

**Japanese Life Course Panel Survey of High School Graduates' Life and Attitudes**

Administered by the "High School Graduates' Life and Attitudes Survey" research group.

**The following questions ask you about your status.**

Q.1 Which of the following describes your current status? Please circle the one answer that applies.

- 1 I work as a regular, full-time employee
- 2 I work as a government employee (excluding temporary employment)
- 3 I work as a self-employed business owner
- 4 I work as a family employee
- 5 I work as a non-regular employee (e.g., temporary, part-time, and contractual temporary employment)
- 6 Other (Specify: \_\_\_\_\_)

Q.2 This section asks about the job you have now. In (a), enter the date you were hired for your current job. In (b) – (e), circle one answer to each question. In (f), please describe your current job.

(a) When did you start your current job?

Year:

Month:

(b) Industry sector

- |   |   |
|---|---|
| 1 Agriculture, forestry, fishing, or mining           | 9 Finance, insurance  |
| 2 Construction  | 10 Real estate  |
| 3 Machinery, electronics, or automotive manufacturing | 11 Personal service sector (hotels, hair salons, etc.)            |
| 4 Other manufacturing                                 | 12 Information services, surveys, or advertising                  |
| 5 Utilities (electricity, gas, heat supply, water)    | 13 Medical, health, or social services                            |
| 6 Transportation                                      | 14 Other services (leasing, security, business contracting, etc.) |
| 7 Communications                                      | 15 Government employee  |
| 8 Wholesale, retail, or restaurant                    | 16 Other (please specify: _____)                                  |

(c) Company size (total number of employees at the main office and all branch offices, excluding part-time workers)

- |         |           |                |                       |
|---------|-----------|----------------|-----------------------|
| 1 1-29  | 3 100-299 | 5 500-999      | 7 Government employee |
| 2 30-99 | 4 300-499 | 6 1000 or more |                       |

(d) Occupation type

- |   |   |
|---|---|
| 1 Administrative work, including reception, accounting, and general clerical work | 8 Hospitality jobs such as barber, hairstylist, and cook                  |
| 2 Sales   | 9 Hospitality jobs such as waiter, waitress, and hotel worker             |
| 3 Artisan jobs including carpentry, plastering, and joinery                       | 10 Welfare and healthcare jobs, including care of the elderly and nursing |
| 4 On-site work such as in civil engineering                                       | 11 Transportation (e.g., truck driver, delivery/carrier)                  |

5	Skilled work, including auto repair, assembly, and machine operation	12	Security (e.g., guard, security, firefighter, police, Self-Defense Forces official)
6	Information-related technical jobs, including system engineering, programming	13	Other (Specify: _____)
7	Technical jobs involving designing and process control		

(e) Specific description of your work

Example: Part-time night shift cashier at a major supermarket (name of company)

Q.3 How did you find your current job? Circle the number by your primary information source.

1	School recommendation or referral	6	Job placement sites on the internet or job sites via smartphones
2	Civil service general recruitment	7	Help wanted posters
3	Introduction from family, friend, or senior student	8	Transitioned from part-time to full-time at same employer
4	Job placement magazine or newspaper advertisements	9	Job listings at public employment security offices (Hello Work)
5	Advertising insert in newspapers or other publications	10	Other (please specify: _____)

Q.4 How well does each of the following statements describe your current job? For items A-O, circle the number that shows how accurate each statement is.

	Very accurate	Somewhat accurate	Not that accurate	Not accurate at all	Don't know
A. I'm in the occupation I had hoped for.	1	2	3	4	5
B. My company is famous.	1	2	3	4	5
C. My salary is good.	1	2	3	4	5
D. Overtime is rare and I have many vacation days.	1	2	3	4	5
E. I am using skills I learned at school.	1	2	3	4	5
F. Senior staff explain work matters to me well.	1	2	3	4	5
G. I benefit from training opportunities.	1	2	3	4	5
H. It is easy to request maternity/paternity leave	1	2	3	4	5
I. A number of policies convenient for working mothers/fathers are in place (e.g., short work hours, flextime, on-site daycare)	1	2	3	4	5

Q.5 Since you started your current job, have you received any education/training, such as participating in lectures/practical workshops outside your regular duties?

1 I have  
 2 I have not —→ Go to question 6  
 ↓  
 Go to question 5-1 to 5-3

(For those who selected answer 1 to question 5, please answer the following questions about the most recent education/training you received.)

Q.5-1 What was the duration of the education/training? Please circle the one answer that applies.

1 Up to 3 days   
  2 4 to 6 days   
  3 1 week to less than 1 month   
  4 1 month or longer

Q.5-2 What was the education/training about? Please circle all answers that apply.

1	The value of working; adult attitudes	8	Company outline
2	Customer service, business telephone etiquette	9	Lecture on acquiring a specific qualification
3	Accounting, bookkeeping	10	Lecture on adopting a new technology/facility
4	Business writing	11	Lecture at the time of promotion
5	Information processing, computer	12	Foreign language
6	Information about the line of business	13	Other (Specify: _____)
7	Information about manufacturing process, facilities, machines		

Q.5-3 Was the training helpful? Please circle the one answer that applies.

1 Very helpful   
  2 Somewhat helpful   
  3 Not very helpful   
  4 Not helpful at all

Q.6 At your current worksite, how satisfied are you with the following issues? For items A-J, circle the number of your satisfaction level.

	Your own work duties	Very satisfied	Somewhat satisfied	Somewhat dissatisfied	Dissatisfied
A. Work conditions (salary)	1	2	3	4	5
B. Work conditions (working hours)	1	2	3	4	5
C. Work conditions (vacation days)	1	2	3	4	5
D. Opportunities for promotion or advancement	1	2	3	4	5
E. Opportunities to develop skills or expertise	1	2	3	4	5
F. Your relationships with your superiors	1	2	3	4	5
G. Your relationships with your colleagues	1	2	3	4	5
H. The company's line of business	1	2	3	4	5
I. Your own work duties	1	2	3	4	5

Q.7 What is your average monthly after-tax income (including your second jobs)? Please circle the one answer that applies.

- |   |                   |   |                   |   |                   |
|---|-------------------|---|-------------------|---|-------------------|
| 1 | Less than ¥50,000 | 4 | ¥120,000-¥139,000 | 7 | ¥180,000-¥199,000 |
| 2 | ¥50,000 – ¥99,000 | 5 | ¥140,000-¥159,000 | 8 | ¥200,000-¥219,000 |
| 3 | ¥100,000-¥119,000 | 6 | ¥160,000-¥179,000 | 9 | ¥220,000 or more  |

Q.8 How do you currently pay for your living expenses? Please follow the example and enter appropriate percentages so that they add up to 100%.

	Parents	Savings and part-time job income	Regular job income	Other
Example: If 90% of your expenses are covered by regular job income and 10% are covered by your parents	10 %	0 %	90 %	0 %
Living expenses	%	%	%	%

Q.9 Which of the following describes your current living conditions? Please circle the one answer that applies.

Rich	Somewhat rich	Average	Not very rich	Not rich	Don't know
1	2	3	4	5	6

**The following questions ask you about your daily life.**

Q.10 In your daily life, how often are you troubled by or worried about the following things? Circle one number for each item.

	Frequently	Occasionally	Never
A. Relationships with friends	1	2	3
B. Relationships with family members	1	2	3
C. Relationships with people at work	1	2	3
D. Making a living (income)	1	2	3
E. Having enough time	1	2	3
F. Health concerns	1	2	3
G. Romantic relationships	1	2	3
H. Work Issues	1	2	3
I. Future prospects	1	2	3

Q.11 How close are your experiences and views to the following statements? Circle the appropriate number showing the accuracy of items A-J.

	Very accurate	Somewhat accurate	Slightly accurate	Not at all accurate
A I try to follow a healthy lifestyle.	1	2	3	4
B I am healthy.	1	2	3	4
C I do not have opportunities to meet people of the opposite sex.	1	2	3	4
D I cannot be open with someone of the opposite sex.	1	2	3	4
E There is someone of the opposite sex I especially like.	1	2	3	4
F I don't know how to interact with children.	1	2	3	4
G I like children.	1	2	3	4
H I know someone nearby who has children.	1	2	3	4
I My life is financially secure.	1	2	3	4
J I am financially independent.	1	2	3	4

Q.12 How many cigarettes do you smoke each day? Please circle the one answer that applies.

I do not smoke	Less than 1 cigarette	1 to 5 cigarettes	6 cigarettes to less than half a pack	Half a pack to less than 1 pack	1 pack to less than 2 packs	2 packs or more
1	2	3	4	5	6	7

Q.13 On how many occasions in the past month did you drink alcohol? Please circle the one answer that applies.

I do not drink	1 or 2	3 to 4	5 to 9	10 to 19	20 or more
1	2	3	4	5	6

Q.14 How often do you read newspapers? Please circle the one answer that applies.

Every day	Once every few days	Once a week	Once a month	Almost never
1	2	3	4	5

Q.15 How many hours a day do you spend engaging in the following activities? For A through D, please circle the one answer that applies in each case.

\* If you have a computer but not an Internet connection at home, please select answer 7 ("I do not have access").

	Almost never	2 hours or less	3 hours or less	5 hours or less	10 hours or less	More than 10 hours	I do not have access
A. Watch TV (weekdays)	1	2	3	4	5	6	7
B. Watch TV (weekends/holidays)	1	2	3	4	5	6	7
C. Browse the Internet (mobile phone)	1	2	3	4	5	6	7
D. Browse the Internet (computer)	1	2	3	4	5	6	7

\* "Browse the Internet (computer)" excludes the use of the Internet at work.

Q.16 Are you currently dating anyone, or do you have a spouse? Please circle the one answer that applies.

- |   |                         |   |
|---|-------------------------|---|
| 1 | I am not/I do not       | <p>→ Please proceed to question 17</p> <p>} Please answer questions 16-1 and 16-2.</p> <p>↓</p> |
| 2 | I am/I do               |   |
| 3 | I was/I did in the past |   |

Q.16-1 Please answer this question about your most recent boyfriend/girlfriend/spouse. How long have/had you been together?

Around  months

- \* Please provide your answer in months. For example, if you were together for a year, please write “12 months” (a period of less than one month may be written in days [e.g., “Around XX days”]).
- \* If you have a spouse, please give the length of time you were together before marriage.

Q.16-2 How did you meet your most recent boyfriend/girlfriend/spouse? Please circle all answers that apply.

- |   |  |    |                                      |
|---|--|----|--------------------------------------|
| 1 | Through my parents/siblings                              | 7  | Through my hobbies/lessons           |
| 2 | Through my relative other than my parents/siblings       | 8  | At a singles party                   |
| 3 | Through my friend/acquaintance/childhood friend          | 9  | Online/mobile phone                  |
| 4 | In school (e.g., class, extracurricular/club activities) | 10 | On the street/while traveling        |
| 5 | Through my coworker/boss                                 | 11 | Through a dating/matchmaking service |
| 6 | At part-time work  | 12 | Other ( )                            |

**The following questions ask you about your family.**

Q.17 How do you currently live? Please circle the one answer that applies.

- |   |                   |   |                   |
|---|-------------------|---|-------------------|
| 1 | With my parents   | 3 | By myself         |
| 2 | Company dormitory | 4 | Other (Specify: ) |

Example: Sharing a room with my friend(s)

Q.18 This question asks you about your current family structure. For A through J, please circle all the answers that apply in each case. Please also enter the number of your grandparents and siblings (C through H) in the appropriate brackets.

	I have one			I do not have one	Total number (both living together and apart)	Example 1:			Example 2:					
	I have one		I do not have one			Total number (both living together and apart)	I have one		I do not have one	Total number (both living together and apart)	I have one		I do not have one	Total number (both living together and apart)
	Living together	Living apart					Living together	Living apart			Living together	Living apart		
A. Father or stepfather	1	2	3			1	2	3		1	2	3		
B. Mother or stepmother	1	2	3			1	2	3		1	2	3		
C. Grandfather	1	2	3	( )		1	2	3	( 1 )	1	2	3	( 2 )	
D. Grandmother	1	2	3	( )		1	2	3	( 2 )	1	2	3	( 2 )	
E. Older brother	1	2	3	( )		1	2	3	( 0 )	1	2	3	( 0 )	
F. Younger brother	1	2	3	( )		1	2	3	( 0 )	1	2	3	( 0 )	
G. Older sister	1	2	3	( )		1	2	3	( 0 )	1	2	3	( 2 )	
H. Younger sister	1	2	3	( )		1	2	3	( 0 )	1	2	3	( 0 )	
I. Spouse	1	2	3			1	2	3		1	2	3		
J. Children	1	2	3	( )		1	2	3	( 0 )	1	2	3	( 0 )	

Q.19 When you were in your third year at junior high school, which of the following did you/your family have at home? Please circle all answers that apply.

- |   |               |    |  |    |  |
|---|---------------|----|--|----|--|
| 1 | Own house     | 8  | Air conditioner                        | 15 | Complete literature collection/illustrated guide |
| 2 | Bath          | 9  | Dryer                                  | 16 | Artworks/antiques                                |
| 3 | Your own room | 10 | Phone (including mobile phone and PHS) | 17 | Private car                                      |
| 4 | Piano         | 11 | Satellite/cable TV                     | 18 | Vacation home                                    |
| 5 | Refrigerator  | 12 | VCR                                    | 19 | Farmland (excluding home garden)                 |
| 6 | Dishwasher    | 13 | Computer/word processor                |    |  |
| 7 | Microwave     | 14 | Encyclopedia                           |    |  |

Q.20 When you were in your third year at junior high school, how many books did you/your family have at home? Please circle the one answer that applies (please do not include magazines, newspapers, textbooks, mangas, and comic books).

- |   |            |   |           |   |            |   |             |
|---|------------|---|-----------|---|------------|---|-------------|
| 1 | 10 or less | 3 | 26 to 50  | 5 | 101 to 200 | 7 | 501 or more |
| 2 | 11 to 25   | 4 | 51 to 100 | 6 | 201 to 500 | 8 | Don't know  |

Q.21 Which of the following describes the living conditions at home when you were in your third year at junior high school? Please circle the one answer that applies.

Rich	Somewhat rich	Average	Not very rich	Not rich	Don't know
1	2	3	4	5	6

Q.22 Have you, your close friends, or your family ever experienced the following? For A through H, please circle the one answer that applies in each case.

	Yes	No
A. You have a history with the police/have been arrested	1	2
B. Your close friend has a history with the police/has been arrested	1	2
C. You have experienced a serious illness/disability	1	2
D. A family member has experienced a serious illness/disability	1	2
E. You have suffered serious damage as a victim of a crime	1	2
F. A family member has suffered serious damage as a victim of a crime	1	2
G. A family member has passed away	1	2
H. A close friend has passed away	1	2

**The following questions ask you about your future.**

Q.23 By what age do you wish to experience the following life events? For A through D, please circle the one answer that applies in each case.

	Already did	22 to 25	26 to 29	30 to 34	35 or older	Not planning to
A. Engage in full-time employment	1	2	3	4	5	6
B. Live away from my parents	1	2	3	4	5	6
C. Marry	1	2	3	4	5	6
D. Have a first child	1	2	3	4	5	6

Q.24 When you are around 30 years old, what employment status would you like to have? Circle one number in the following list.

- |   |   |
|---|---|
| 1 Working as a regular, full-time employee. | 6 Working as a housewife or househusband. |
| 2 Running my own business.                  | 7 Other (please specify: _____)           |
| 3 Running my family's business.             | 8 Don't know.                             |
| 4 Working independently without employees.  |   |
| 5 Working part-time.                        |   |

If you chose an answer from 1-5, go to question 24-1.

If you chose an answer from 6-8, go to question 25

Q.24-1 [This question to be answered only if you selected an answer from 1 – 5 in question 24 above]. What type of job would you like to have when you are around 30 years old? Circle one number in the list below.



**Agriculture, forestry, fishing**

- 1 Agriculture, forestry, and fishing related jobs. (excluding part-time work and jobs processing foodstuffs or lumber)
- 2 Factory technician or machine operator
- 3 Automotive mechanic, electrician, etc.
- 4 Construction trades: carpenter, plasterer, plumber, etc.

**Retail and restaurants**

- 5 Department store staff, salesperson, etc.
- 6 Shop, supermarket, convenience store staff.
- 7 Owner of a cafe, restaurant, or boutique.

**Business administration jobs**

- 8 Businessman, bank employee, trading company employee, office lady
- 9 Government employee

**Management**

- 10 Company executive, division or section chief
- 11 Corporate manager
- 12 Politician

**Service sector jobs**

- 13 Barber or beautician
- 14 Cook or chef
- 15 Flight attendant, waitress, hotel employee, etc.

**Public safety jobs**

- 16 Police officer, firefighter, SDF personnel
- 17 Security guard

**Transportation and communications jobs**

- 18 Truck driver, train operator, pilot, etc.
- 19 Radio dispatcher, mail carrier, etc.

**Professional or technical jobs**

- 20 Physician
- 21 Pharmacist, nutritionist, nurse, clinical laboratory technician
- 22 Case worker, counselor, or other welfare related worker
- 23 Attorney, prosecutor, judge, etc
- 24 Accountant, licensed tax accountant, etc.
- 25 Diplomat
- 26 Scientist, researcher, or college professor
- 27 Elementary, middle, or high school teacher
- 28 Kindergarten teacher or childcare worker
- 29 System engineer, computer programmer
- 30 Mechanical, electrical, architectural, or civil engineer
- 31 Reporter, journalist, or editor
- 32 TV or radio broadcasting related jobs
- 33 Designer, stylist, or cameraman
- 34 Novelist, writer, or manga artist
- 35 Artist
- 36 Singer or television personality
- 37 Professional athlete
- 38 Don't know
- 39 Other (please specify: \_\_\_\_\_ )

Q.25 When you think of the future, how worried are you about the following issues? Circle one number for items A-F.

	Very worried	Somewhat worried	Not that worried	Not worried at all
A. Not finding a job or losing a job	1	2	3	4
B. Not making enough money to get by	1	2	3	4
C. Having to provide care for family members	1	2	3	4
D. Suddenly suffering an accident	1	2	3	4
E. Suddenly getting sick	1	2	3	4
F. The possibility of being unable to marry	1	2	3	4

Q.26 To what extent do the following statements apply to you? For A through F, please circle the one answer that applies in each case

	Very accurate	Somewhat accurate	Not that accurate	Not accurate at all
A. Luck is more important for success than hard work	1	2	3	4
B. I have decent abilities	1	2	3	4
C. On the whole, I am satisfied with myself	1	2	3	4
D. I feel like I am good for nothing	1	2	3	4
E. I have confidence in following through with my decisions	1	2	3	4
F. Opportunity and luck are important in life	1	2	3	4

Q.27 How important are the following things to you? Circle the appropriate number for items A-N.

	Very important	A little important	Not important
A. Succeeding at work	1	2	3
B. Getting married and having a happy home life	1	2	3
C. Becoming rich	1	2	3
D. Having friends	1	2	3
E. Helping people	1	2	3
F. Having children	1	2	3
G. Living near parents or relatives	1	2	3
H. Participating in social actions to eliminate various types of injustice in the world	1	2	3
I. Providing your children with more than you had	1	2	3
J. Having time to do things you enjoy	1	2	3
K. Becoming independent from your parents	1	2	3
L. Being respected at work	1	2	3
M. Receiving a good education	1	2	3
N. Finding stable employment	1	2	3

Q.28 What is your view on what women should do, in terms of work and marriage? Please circle the one answer that applies.

1	Become a homemaker without getting a job	
2	Find a job, but quit after marrying.	
3	Keep job after marriage, but quit after having a child	
4	Quit job after having a child, but return to work once children require less attention	
5	Continue working after marriage and having children	
6	Keep job after marriage and never have children	
7	Keep working without getting married	
8	Other (please specify: _____)	)
9	Don't know	

Q.29 How well are you informed about balancing work and family? For A through G, please circle the one answer that applies in each case.

	I am informed	I am somewhat informed	I have heard of it	I have never heard of it
A. About maternity/paternity leave	1	2	3	4
B. About money which you are entitled to receive when having/raising a child	1	2	3	4
C. About arrangements to support work–life balance (e.g., short work hours, flextime, on-site daycare)	1	2	3	4
D. About requirements for using daycare	1	2	3	4
E. About local agencies offering counseling on raising a child	1	2	3	4
F. About integration of kindergarten and daycare	1	2	3	4
G. About the total fertility rate	1	2	3	4

**The following questions ask you about your views.**

Q.30 Government expenditure includes spending on welfare and social services such as healthcare, social security, pensions, and education. There are typically two views, A and B, on the balance between taxes and spending on welfare and social services. Which of the two views is closer to your view? Please circle the one answer that best applies. As used here, “taxes” includes all taxes such as income tax and sales tax.

*View A: We should cut taxes even if it means less expenditure on welfare and social services.*

*View B: We should increase expenditure on welfare and social services even if it means increased taxes.*

- 1 I agree with view A  
 2 I agree with view B  
 3 Don't know

Q.31 In the next election, which party do you intend to vote for? Please circle the one answer that applies.

- |   |   |
|---|---|
| <input type="checkbox"/> 1 Liberal Democratic Party | <input type="checkbox"/> 7 New Party Nippon                 |
| <input type="checkbox"/> 2 Komeito                  | <input type="checkbox"/> 8 Other (Specify:)                 |
| <input type="checkbox"/> 3 Democratic Party         | <input type="checkbox"/> 9 I have no specific party in mind |
| <input type="checkbox"/> 4 Social Democratic Party  | <input type="checkbox"/> 10 Don't know                      |
| <input type="checkbox"/> 5 Communist Party          | <input type="checkbox"/> 11 I do not intend to vote         |
| <input type="checkbox"/> 6 People's New Party       |   |

Q.32 If we were to divide the current Japanese society into five strata, to which stratum do you think you would belong? Please circle the one answer that best describes how you feel.

Upper class	Upper-middle class	Middle-middle class	Lower-middle class	Lower class	Don't know
1	2	3	4	5	6

Q.33 Looking back on the path you have taken, which of the following describes what you currently feel? Please circle the one answer that best applies.

- |   |  |
|---|--|
| 1 | I am happy with the path I chose   |
| 2 | I am happy with the company I chose, but I wish I had chosen a different job |
| 3 | I am happy with the job I chose, but I wish I had chosen a different company |
| 4 | I wish I had chosen a different company and a different job                  |
| 5 | I wish I had pursued education at a university                               |
| 6 | I wish I had pursued education at a junior college                           |
| 7 | I wish I had pursued education at a specialized training college             |

Q.34 In the space below, please share your thoughts on your experiences over the past year.