Survey Title: J apanese Life Course Panel Survey of the Youth (JLPS- Y) Wave 1-5, 2007-2011 [English version]
Depositor: J apanese Life Course Panel Surveys (JLPS) project, Institute of Social Science, The University of Tokyo
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## Questions about personal information

Question 1. Please specify your gender and date of birth.
(1) Gender

| 1. Male | 2. Female |
| :--- | :--- |

(2) Date of birth

| YEAR A.D. $\quad$ MONTH $\quad$ M |  |
| :--- | :---: |

Question 2. What time do you perform the following actions on an average weekday?
(Circle one for each of A-D)

| A. Wake up | 1. Around about | a.m. <br> p.m. | $\ldots:-\ldots$ | 2. No particular time |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| B. Leave the house | 1. Around about | a.m. <br> p.m. | $\ldots:-$ | 2. No particular time | 3. mostly stay home |
| C. Return home | 1. Around about | a.m. <br> p.m. | $\ldots:-$ | 2. No particular time | 3. mostly stay home |
| D. Go to sleep | 1. Around about | a.m. <br> p.m. | $\ldots:-$ | 2. No particular time |  |

Question 3. Do you usually have a job that generates income? (including student part-time

(1) What do you usually do? (Circle one)

(2) Would you like to work to earn a living? (Circle one)

1. Yes, I am actually searching for a job or preparing to start a business.
2. Yes, I am considering it, but I am NOT searching for a job or preparing to start a business..
3. No, I don't wish to work at the present time.

(3) Have you ever had a job before? (Circle one)


Question 4. The following questions will ask you about your current or most recent job (if you are not currently working, we would like to know about the job you most recently had).

\begin{tabular}{|c|c|c|c|}
\hline In the case that "current or most recent job" and "first job immediately after graduating school" are the same, please answer to "A" only. \& A. Current or most recent job \& \multicolumn{2}{|l|}{B. First job immediately after graduating school} \\
\hline \multicolumn{4}{|l|}{(1) JOB TYPE Please choose the closest description. (Circle one)} \\
\hline \begin{tabular}{l}
1. Business manager, or executive \\
2. Full-time employee \\
3. Part-time (including a student having a part-time job), contract, shortterm, or temporary worker \\
4. Temporary staff ("haken shain") If you are a student having \\
5. Contract worker ("ukeoi shain") a part-time job, please only \\
6. Self-employed, entrepreneur answer the column "A. \\
7. Family worker Current or most recent job" \\
8. Side work (piecework) \\
9. Other
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9 \& 9. Specify "other" \& \[
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\] \\
\hline \multicolumn{4}{|l|}{(2) SUBSTANCE OF WORK Please select the closest description. (Circle one)} \\
\hline \begin{tabular}{l}
1. Professional/technical \(\qquad\) (Requiring specialized knowledge or skill, such as: doctor, nurse, lawyer, teacher, engineer, designer, etc.) \\
2. Administrative/managerial.......... (Division head or higher position in business or government office, assemblyman, business manager, etc.) \\
3. Office/clerical \(\qquad\) (Office worker in business or government, accountant, office clerk, etc.) \\
4. Sales \(\qquad\) (Retail or wholesale store manager, store clerk, inside sales, insurance sales, outside sales, etc.) \\
5. Service \(\qquad\) (Beautician, chef, waitress, home helper, etc.) \\
6. Manufacturing/skilled labor ........ (Production and assembly of manufactured goods, bicycle maintenance, building construction, carpentry, electricians, agricultural manufacture, etc.) \\
7. Transportation/security \(\qquad\) (Truck and taxi drivers, dock workers, mail delivery, telecommunications worker, police, fire department, security, defense) \\
8. Other
\end{tabular} \& \begin{tabular}{l}
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8 <br>
\hline \multicolumn{4}{|l|}{(2)-2 Please specify the substance of your work.} <br>

\hline | Please describe what kind of work you do and where you work as shown in sample responses: |
| :--- |
| Rice farmer Primary school teacher Supermarket cashier Telephone salesperson for food supply company Travelling salesperson for cosmetics company Factory labor for plastic toys production Interior electrical wiring at construction sites Care worker at welfare facility (qualified nurse/social worker) System engineer at a software development company (software development technician) | \& Response colu

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$$ \&  \& eolumn <br>

\hline \multicolumn{4}{|l|}{(3) JOB TITLE Please choose the closest description. (Circle one)} <br>

\hline | 1. No job title |
| :--- |
| 2. Supervisor, foreman, team leader |
| 3. Assistant section chief or equivalent |
| 4. Section chief or equivalent |
| 5. Division chief or equivalent |
| 6. Company president, executive, director |
| 7. Other | \& 1

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7 \& 7. Specify "Other" \& $$
\begin{aligned}
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\hline
\end{tabular}



Question 5. The following questions will ask about your current (or most recent) employment.
(1) About how long is your commute (one-way, the time it takes from your home to your workplace)? (Circle one)

1. I live and work at the same place
2. One hour or so
3. 15 minutes or so
4. An hour and a half or so
5. 30 minutes or so
6. 2 hours or more
7. 45 minutes or so
(2) Approximately how many hours per week are you supposed to work, excluding overtime?
(Circle one)
8. 20 hours or less
9. More than 35 hours and less than 40 hours
10. More than 20 and less than 30 hours
11. 40 hours
12. No set schedule
13. More than 40 hours
(varies by season, etc.)
14. Don't know
(3) What is the length of tenure stipulated in your employment contract? (Circle one)
15. Tenured (including employment until established retirement age
16. Don't know [lifetime employment])
17. Contract-base (one half year contract, one-year contract, etc.)
<Follow-up question> (For those who chose [2. contract-base]): Will your employment contract be renewed? (Circle one)

| 1. It will be renewed | 3. It will not be renewed |
| :--- | :--- |
| 2. It may be renewed | 4. Don't know |

(4) If you were to assign your current (or most recent) job to a new employee, how long do you think it would take the person to get used to the series of tasks you performed?(Circle one)

| 1. Less than one month | 4. About one year | 7. About 6-9 years |
| :--- | :--- | :--- |
| 2. About 2-3 months | 5. About 2-3 years | 8. Ten years or more |
| 3. About 6 months | 6. About 4-5 years | 9. Don't know |

(5) Do you want to continue in the current job/business for another five years or so (or, if you are currently unemployed, did you think you would continue working for another five years or so when you had the previous job/business?) (Choose one from either of the two categories)

| <Those who are currently employed> |
| :--- |
| 1. I plan to continue in this job/business <br> 2. I think about quitting this job/business <br> 3. I plan to quit this job/business soon <br> 4. Don't know |
| 1. I planned to continue this job/business <br> job/business |
| 2. I thought about quitting this job/business who are currently not employed> <br> Please answer with regard to the previous |
| 3. I planned to quit this job/business soon |
| 4. Didn't know at that time |

Question 6. Does any of the following apply to your current (or most recent) work environment? (Circle all that apply)

| 1. I work overtime almost everyday | 7. There is an atmosphere in which older workers guide <br> younger colleagues |
| :--- | :--- |
| 2. The office is always understaffed 8. You can transfer offices based on your request <br> 3. I am always pressured by deadlines 9. There is a mentor for young employees to talk to <br> about the job and life in general  |  |
| 4. There is an atmosphere of mutual support <br> employees | 10. There are opportunities to talk about future <br> employment |
| 6. Many tasks are done cooperatively | 11. None of the above |

6. Many tasks are done cooperatively
7. None of the above younger colleagues
8. You can transfer offices based on your request
9. There is a mentor for young employees to talk to about the job and life in general
10. There are opportunities to talk about future

Question 7. To what extent do statements A through G apply to your current job? Please choose one that best fits your answer. (Circle one for each)

|  | Very much <br> applies | Somewhat <br> applies | Doesn't <br> apply <br> so much | Doesn't <br> apply at <br> all |
| :--- | :--- | :--- | :--- | :--- |
| A. I can decide and alter the pace of my work | 1 | Don't <br> have <br> subordin- <br> ate (s) |  |  |
| B. I can decide and alter how I work | 1 | 2 | 3 | 4 |
| C. I decide how my subordinates work | 1 | 2 | 3 | 4 |
| D. There are opportunities to obtain educational <br> training | 1 | 2 | 3 | 4 |
| E. There are opportunities to improve my job skills <br> through work | 1 | 2 | 3 | 4 |
| F. My workplace is flexible about reducing work <br> hours and taking leaves based on one's needs <br> relating to childrearing, household work, or study | 1 | 2 | 3 | 4 |
| G. It is possible that I will lose my job in a year <br> (including bankruptcy) | 1 | 2 | 3 | 4 |

## Questions about your everyday life

Question 8. How often do you perform the following activities? (Circle one for each)

|  | Everyday | $5-6$ days <br> per week | $3-4$ days <br> per week | $1-2$ days <br> per week | $1-3$ days <br> per <br> month |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| A. Exercise (walking, jogging, aerobics, <br> swimming, tennis, etc.) | 1 | 2 | 3 | 4 | Almost <br> never |  |
| B. Eat 3 meals a day | 1 | 2 | 3 | 4 | 6 |  |
| C. Have nutritionally balanced meals | 1 | 2 | 3 | 4 | 5 | 5 |
| D. Eat cup noodles or fast food | 1 | 2 | 3 | 4 | 5 | 6 |
| E. Prepare meals | 1 | 2 | 3 | 4 | 5 | 6 |
| F. Do laundry | 1 | 2 | 3 | 4 | 5 | 6 |
| G. House cleaning | 1 | 2 | 3 | 4 | 5 | 6 |
| H. Grocery shopping | 1 | 2 | 3 | 4 | 5 | 6 |
| I. Dine with friend(s) or boy[girl]friend <br> (excluding spouse) | 1 | 2 | 3 | 4 | 5 | 6 |
| J. Have conversations with friend(s) or <br> boy[girl]friend (excluding spouse) | 1 | 2 | 3 | 4 | 5 | 6 |
| G. Use the internet (outside of work) |  | 1 | 2 | 3 | 4 | 5 |

Question 9. Who do you talk to when you want to discuss the following matters? (Circle all that apply).

|  | $\begin{aligned} & \text { ए } \\ & \stackrel{\rightharpoonup}{0} \\ & \stackrel{\rightharpoonup}{\vec{\sigma}} \end{aligned}$ |  |  | $\begin{aligned} & \text { n } \\ & \stackrel{n}{\bar{E}} \\ & \text { 留 } \end{aligned}$ |  |  |  |  | $\begin{aligned} & \text { z } \\ & 0 \\ & 0 \\ & 0 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A. About work or study | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| B. Job recommendation | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| C. Relationship issues with friends, boy[girl]friend, or spouse | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| D. About borrowing a significant amount of money when you are in needs because of a job loss or illness | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

Question 10. Have you experienced in your life the following events? Circle one of the numbers.

|  | Have already experienced | Have not experienced |  | Follow-up question (for those who chose 2: have not experienced) In the future, by what age do you want to have the experience? |
| :---: | :---: | :---: | :---: | :---: |
| A. Full-time employment | 1 | 2 | $\rightarrow$ | 1. I want to, by the age of: $\qquad$ 2. I don't want to have this experience |
| B. Living away from parents | 1 | 2 | $\rightarrow$ | 1. I want to, by the age of: $\qquad$ 2. I don't want to have this experience |
| C. Getting married | 1 | 2 | $\longrightarrow$ | 1. I want to, by the age of: $\qquad$ 2. I don't want to have this experience |
| D. Having (a) child(ren) | 1 | 2 | $\rightarrow$ | 1. I want to, by the age of: $\qquad$ 2. I don't want to have this experience |

Question 11. Have you ever experienced the following events? Please circle all numbers that apply. (Circle as many as you want)

| 1. My parent has lost a job/failed in business | 9. I have gotten remarried |
| :--- | :--- |
| 2. My parents have been divorced | 10. I have been bullied at school |
| 3. My parent has gotten remarried | 11. I have suffered from a big accident or disaster |
| 4. I have failed in business | 12. I have suffered from a crime case such as assault, |
|  | burglary, or extortion |
| 5. I have lost a job | 13. I have had an illness or injury that required an operation |
|  | or a long-term treatment |
| 6. I have switched jobs | 14. I have given care to a family member |
| 7. I have lived with a boy[girl]friend | 15.Other big event - please specify below: |
| 8. I have been divorced |  |

Question 12. How do you evaluate your household's current standard of living? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Wealthy | Somewhat wealthy | Average | Somewhat poor | Poor |

## Questions about your family

Question 13. The following questions will ask about your family
(1) How many people share your residence (live together at the moment), including yourself?

(2) Among the following, please indicate all those who share the residence. (Circle all that apply)

| 0. Yourself | 5. Child's spouse | 10. Spouse's mother | 15. Your sibling(s) |
| :--- | :--- | :--- | :--- |
| 1. Your spouse (husband or wife) | 6. Grandchild(ren) | 11.Your grandfather | 16. Spouse's sibling(s) |
| 2. Your partner/significant other | 7. Your father | 12. Your grandmother | 17. Other |
| 3. Son(s) | 8. Your mother | 13. Spouse's grandfather | Please specify: |
| 4. Daughter(s) | 9. Spouse's father | 14. Spouse's grandmother | ( |

Question 14. The following questions will ask you about your family members including those with whom you don't share a residence.
(1) How many siblings do you have? Please include those who are deceased.

| Older brother(s) | Older sister(s) | Yourself | Younger brother(s) | Younger sister(s) |
| :--- | :--- | :---: | :--- | :--- |
| $\#$ |  |  | $\#:$ | \#: |

(2) Please circle the appropriate numbers to answer the following questions about your father and mother.

|  | Father | Mother |
| :---: | :---: | :---: |
| A. How old? | 1. $\qquad$ years old <br> 2. Already deceased, at $\qquad$ years old | 1. $\qquad$ years old <br> 2. Already deceased, at $\qquad$ years old |
| B. Currently working? | 1. Working <br> 2. Not working | 1. Working <br> 2. Not working |
| C. Standard of living | 1. Wealthy4. Somewhat poor <br> 2. Somewhat wealthy5. Poor <br> 3. Average | 1. Wealthy4. Somewhat poor <br> 2. Somewhat wealthy5. Poor <br> 3. Average |

(3) Do you have any children? Please include those not living at home.

(3-1) Please give the total number of children, and then each one's year of birth and gender

| Total number of children: |  |  |  | Marital status | Residence |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Year of birth |  | der |  |  |
| First child | YEAR: <br> A.D. <br> Showa/Heisei | Male | Female | Never married <br> Married <br> Divorced <br> Widowed | With you <br> Not with you |
| Second child | YEAR: <br> A.D. <br> Showa/Heisei | Male | Female | Never married <br> Married <br> Divorced <br> Widowed | With you <br> Not with you |
| Third child | YEAR: <br> A.D. <br> Showa/Heisei | Male | Female | Never married <br> Married <br> Divorced <br> Widowed | With you <br> Not with you |
| Fourth child | YEAR: <br> A.D. <br> Showa/Heisei | Male | Female | Never married <br> Married <br> Divorced <br> Widowed | With you <br> Not with you |

<In the event that you have five or more children, please write your responses in the margin>
(3-2) Do you want to have another child? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Don't want | Want a male child | Want a female child | Want a male or <br> female child | Don't know |

(3-3) Who (or which facility) looks after your child(ren) on a daily basis? (Circle all that apply)

| 1. Yourself | 7. Other relative | 13. Daycare |
| :--- | :--- | :--- |
| 2. Your spouse | 8. Friend | 14. At-school childcare |
| 3. Your parent | 9. Neighbor | 15. Other - specify: |
| 4. Spouse's parent | 10. Babysitter/helper | $\left(\begin{array}{l}\text { 11. Nursery }\end{array}\right.$ |
| 5. Your sibling | 12. Kindergarten | 16. None of the above |
| 6. Spouse's sibling |  |  |

## Question about the time when you were 15 years old (at the time when you graduated middle school)

Question 15. When you were 15 years old (when you graduated middle school), where did you reside?

| Area/Prefecture | Municipality (City/Ward/Town/Village ) |
| :--- | :--- |

Question 16. When you were 15 years old (when you graduated middle school), which of the following fits your household's standard of living in comparison to the average standard of living at the time? (Circle one)

| 1 | 2 | 3 | 4 | 5 | 6 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Wealthy | Somewhat <br> wealthy | Average | Somewhat poor | Poor | Don't know |

Question 17. In your third year of middle school, what was your grade? (Circle one)

| 1 | 2 | 3 | 4 | 5 | 6 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Towards the top | Somewhat above <br> average | Average | Somewhat below <br> average | Towards the <br> bottom | Don't know |

Question 18. When you were 15 years old (when you graduated middle school), which among the following items did you have at home? (Circle all that apply)

| 1. House ownership | 8. Television | 15. Literary collection/illustrated books |
| :--- | :--- | :--- |
| 2. Farmland/mountain/forest | 9. Radio | 16. Personal computer/word processor |
| (excluding home gardens) | 10. VCR | 17. Air conditioner |
| 3. Bath (Japanese bath) | 11. Refrigerator | 18. Family car |
| 4. Your own room | 12. Microwave | 19. Works of art/antiques |
| 5. Study desk | 13. Telephone (including cell phone | 20. Second home (vacation house) |
| 6. Reception suite (furniture for <br> welcoming guests - ōsetsu setto) | and PHS) |  |
| 7. Piano | 14. Encyclopedia |  |

Question 19. When you were 15 years old (when you graduated middle school), approximately how many books were there at home? Please exclude magazines, newspapers, textbooks, manga, and comics. (Circle one)

| 0. None (there was no book at home) | 5.101-200 |
| :--- | :--- |
| 1. 10 or fewer | $6.201-500$ |
| 2. $11-25$ | 7. 501 or more |
| 3. $26-50$ | 8. Don't know |
| 4. $51-100$ |  |

Question 20. When you were 15 years old (when you graduated middle school), what kind of person was your father? (Circle one)

| 1. He was the kind of person who relies on my mother for <br> housework and childrearing | 5. He was absent at the time |
| :--- | :--- |
| 2. He was the kind of person who relied on my mother for | 6. Other - specify: |
| housekeeping but took part in childrearing |  |
| 3. He was the kind of person who took part in housekeeping <br> but relied on my mother for childrearing <br> 4. He was the kind of person who took part in both <br> housekeeping and childrearing |  |

Question 21. How was your family atmosphere at home when you were 15 years old (when you graduated middle school)? (Circle one)

1. My family home had a warm atmosphere
2. My family home had relatively not so warm atmosphere
3. My family home had a partly warm atmosphere
4. My family home didn't have a warm atmosphere

Question 22. When you were 15 years old (when you graduated middle school), what sort of work did your parents do?


## Questions about your last education (or your present education)

Question 23. Among the following, which school did you attend most recently (including your current school)? Please circle the most appropriate response. Please answer similarly for your spouse and parents, to the best of your knowledge.

|  | You | Spouse | Father | Mother | Explanatory note: <br> If you attended the old school system, please follow the following categorizations <br> <1. Middle school> includes jinjo shōgakkō and kokumin gakkō (elementary school) and kōtō shōgakkō (higher elementary school) <2. High school> includes kyūsei chūgakkō (old-system middle schools), kōtō jogakkō (girls' high schools), jitsugyō gakkō (vocational schools), shokugyuō gakkō (commercial schools), shihan gakkō (teachers' schools) <br> <5. Four-year College> include kyiūsei daigaku (old-system university), kyūsei kōtōgakkō (old-system high schools), kyūsei senmon gakkō (old-system technical college), and kōtō shihan gakkō (advanced teachers' schools) <6. Graduate school> includes kyūsei daigakuin (old-system graduate school) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Middle school | 1 | 1 | 1 | 1 |  |
| 2. High school | 2 | 2 | 2 | 2 |  |
| 3. Technical schools (vocational college) | 3 | 3 | 3 | 3 |  |
| 4. Two-year college (associate's degree) / College of technology (five-year system) | 4 | 4 | 4 | 4 |  |
| 5. Four-year university (bachelor's degree) | 5 | 5 | 5 | 5 |  |
| 6. Graduate school | 6 | 6 | 6 | 6 |  |
| 7. Don't know | 7 | 7 | 7 | 7 |  |
| 8. Don't have a spouse | $X$ | 8 |  |  |  |

Question 24. Did you graduate or drop out from the school that you last entered and when?

| 1. Graduated $\quad \longrightarrow$ | When did you graduate/ drop out? |  | MONTH: |
| :---: | :---: | :---: | :---: |
| 2. Dropped out $\longrightarrow$ |  | YEAR: A.D. |  |
|  |  | Showa/Heisei |  |
| 3. Currently attending |  |  |  |

## Questions about your general health condition

Question 25. How do you generally feel about your health condition? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Excellent | Good | Average | Not very good | Poor |

Question 26. How frequently have you had the following feelings in the past month? Please circle the choice that is the closest match. (Circle one for each)

|  | Constantly | Nearly <br> constantly | Occasionally | Rarely | Not at all |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. Feeling quite nervous | 1 | 2 | 3 | 4 | 5 |
| 2. Feeling so down in the dumps that nothing <br> could cheer you up | 1 | 2 | 3 | 4 | 5 |
| 3. Feeling calm and peaceful | 1 | 2 | 3 | 4 | 5 |
| 4. Feeling downhearted and blue | 1 | 2 | 3 | 4 | 5 |
| 5. Feeling happy | 1 | 2 | 3 | 4 | 5 |
| 6. Activities like housekeeping and work are <br> limited because of your health condition | 1 | 2 | 3 | 4 | 5 |

Question 27. At present, about how many cigarettes do you smoke per day? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| I don't smoke | I quit smoking | $1-10$ cigarettes | $11-20$ cigarettes | 21 or more cigarettes |

Question 28. At present, how frequently do you drink alcohol? (Circle one)

| 1. I cannot drink alcohol. | 5. 1-2 days per week |
| :--- | :--- |
| 2. I quit drinking. | 6.3-4 days per week |
| 3. Only on special occasions | 7. $5-6$ days per week |
| 4. $2-3$ times per month | 8. Everyday |

Question 29. This question is about your recent daily life. How difficult do you find it to perform the following activities because of your health condition? (Circle one for each)

|  | Very difficult | Somewhat difficult | Not difficult at <br> all |
| :--- | :---: | :---: | :---: |
| A. Climbing to the next floor by using stairs | 1 | 2 | 3 |
| B. Moderate-level activities: for example, moving a table or <br> using a vacuum cleaner, etc. | 1 | 2 | 3 |
| C. Heavy exercise: for example, arduous running, weightlifting, <br> strenuous sports, etc. | 1 | 2 | 3 |

## Questions about your opinions

Question 30. Regarding the following subjects, how satisfied are you generally? (Circle one for each)

|  | Satisfied | Somewhat <br> satisfied | Neither <br> satisfied nor <br> dissatisfied | Somewhat <br> Unsatisfied | Unsatisfied | Not applicable |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| A. Work | 1 | 2 | 3 | 4 | 5 | 6 <br> Unemployed |
| B. Marriage life | 1 | 2 | 3 | 4 | 5 | 6 <br> Not married |
| C. Relationships with friends | 1 | 2 | 3 | 4 | 5 | 6 <br> Don't have <br> friends |

Question 31. The question will ask you about your perspectives on life. For each statement below, please choose the number that best describes your views in the scale of 1 to 7 (Circle one for each)

|  | Very accurate $\longleftarrow$ |  |  |  | $\longrightarrow$ Not accurate at all |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A. I am able to find solutions for difficulties and problems that come up in everyday life | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| B. I think some of the problems and difficulties in life are worth facing and trying to deal with | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| C. I am capable of understanding and anticipating difficulties or problems that come up in everyday life | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Question 32. How well can you usually perform the following in your job and life? Please circle the most appropriate number. (Circle one for each)

|  | Can do | Can do, to some <br> extent | Can hardly do | Cannot do |
| :--- | :---: | :---: | :---: | :---: |
| A. Explain my thoughts to people | 1 | 2 | 3 | 4 |
| B. Speak naturally with people whom I <br> don't know well | 1 | 2 | 3 | 4 |
| C. Bring together the people around me | 1 | 2 | 3 | 4 |
| D. Say funny things and entertain people | 1 | 2 | 3 | 4 |

Question 33. To what extent do the following statements apply to you? Please circle the most appropriate numbers. (Circle one for each)

|  | Very applicable | Partly applicable | Not very <br> applicable | Not applicable at <br> all |
| :--- | :---: | :---: | :---: | :---: |
| A. I have a clear idea of what kind of work I <br> want | 1 | 2 | 3 | 4 |
| B. I want to improve my job skills | 1 | 2 | 3 | 4 |
| C. I want to enjoy my current life rather <br> than to worry about the future | 1 | 2 | 3 | 4 |
| D. I am worried about my ability to survive <br> in society | 1 | 2 | 3 | 4 |
| E. My friends often confided their <br> problems to me | 1 | 2 | 3 | 4 |
| F. I don't want to take a job that I don't <br> want to do | 1 | 2 | 3 | 4 |

Question 34. How important are the following things to you? Please circle the most appropriate one. (Circle one for each)

|  | Very important | A little <br> important | Not important |
| :--- | :---: | :---: | :---: |
| A. To succeed at work | 1 | 2 | 3 |
| B. To get married and have a happy home | 1 | 2 | 3 |
| C. To become wealthy | 1 | 2 | 3 |
| D. To have close friends | 1 | 2 | 3 |
| E. To give my children better opportunities than I had | 1 | 2 | 3 |
| F. To have at a stable job | 1 | 2 | 3 |

Question 35. Hypothetically, if society were divided and ranked in strata from 1 to 10, highest to lowest, to which rank do you think you would belong? (Circle one)

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Highest | 4 |  |  |  |  |  |  |  |  |
| Lowest |  |  |  |  |  |  |  |  |  |

Question 36. Do you have hopes for your future job and life? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Have great hopes | Have hopes | Neither yes nor no | Have little hope | Have no hope at all |

Question 37. What is your ideal number of children? (Circle one)

| 0 | 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| No child | 1 child | 2 children | 3 children | 4 children | 5 children or <br> more <br> (Specify: |

Question 38. How much would you agree or disagree with the following opinions about Japanese society? Please choose the closest answer. (Circle one for each)

|  | Strongly <br> agree | Somewhat <br> agree | Neither <br> agree nor <br> disagree | Somewhat <br> disagree | Strongly <br> disagree | Don't <br> know |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| A. Income disparity in Japan is too big | 1 | 2 | 3 | 4 | 5 | 6 |
| B. The school you graduate largely <br> determines the rest of your life | 1 | 2 | 3 | 4 | 5 | 6 |
| C. Once you fail at your work or <br> business, you get no second chance in <br> your life | 1 | 2 | 3 | 4 | 5 | 6 |
| D. Income disparity is necessary for the <br> prosperity of Japan | 1 | 2 | 3 | 4 | 5 | 6 |
| E. Coming from a wealthy family is <br> important in order to obtain status and <br> wealth | 1 | 2 | 3 | 4 | 5 | 6 |

Question 39. Would you agree or disagree with the following opinions? Please choose the closest answer. (Circle one for each)

|  | Strongly <br> agree | Somewhat <br> agree | Neither <br> agree nor <br> disagree | Somewhat <br> disagree | Strongly <br> disagree | Don't <br> know |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| A. Men's job is to earn money; women's <br> job is to take care of the home and <br> family. | 1 | 2 | 3 | 4 | 5 | 6 |
| B. Children of below school age tend to <br> have a tough time if their mothers work <br> outside of the home | 1 | 2 | 3 | 4 | 5 | 6 |
| C. Having a job is the best way for <br> women to be independent | 1 | 2 | 3 | 4 | 5 | 6 |
| D. Generally speaking, married people <br> are happier than unmarried people | 1 | 2 | 3 | 4 | 5 | 6 |
| E. Having children hinders the freedom <br> of a couple's life. | 1 | 2 | 3 | 4 | 5 | 6 |
| F. It is better to divorce than to continue <br> an unhappy marriage | 1 | 2 | 3 | 4 | 5 | 6 |

Question 40. Would you agree or disagree with the following opinions? Please circle the closest answer. (Circle one for each)

|  | Agree | Somewhat <br> agree | Neither <br> agree nor <br> disagree | Somewhat <br> disagree | Disagree | Don't <br> know |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| A. Japan should build up more defense <br> power | 1 | 2 | 3 | 4 | 5 | 6 |
| B. The Japan-US Security Treaty should be <br> reinforced more than it is now | 1 | 2 | 3 | 4 | 5 | 6 |
| C. It is the government's responsibility to <br> reduce income disparity | 1 | 2 | 3 | 4 | 5 | 6 |
| D. It is necessary to secure rural and regional <br> employment through public works | 1 | 2 | 3 | 4 | 5 | 6 |
| E. Improvement of social welfare like <br> pension and elderly medical care should be <br> supported even under difficult financial <br> situations | 1 | 2 | 3 | 4 | 5 | 6 |
| F. Aside from elderly and physically- or <br> mentally-challenged persons, people must <br> live without relying on social welfare | 1 | 2 | 3 | 4 | 5 | 6 |

Question 41. Do you have favorable or unfavorable feelings toward the following political parties and the party leaders? If you have neither favorable nor unfavorable feelings, please circle 50 degree; if favorable, choose a degree between 60 and 100; if unfavorable, a degree between 0 and 40.


Question 42. Which political party do you generally support? (Circle one)

| 1. Liberal Democratic Party | 4. Communist Party | 7. New Party Japan |  |
| :--- | :--- | :--- | :--- |
| 2. Democratic Party | 5. Social Democratic Party | 8. Other Party (Specify: |  |
| 3. New Komeito | 6. The People's New Party | 9. No party in particular | 10. Don't know |

Question 43. With or without elections, some are always interested in politics, while others are not. How much attention do you usually pay to political events? (Circle one)

| 1 | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: |
| Always | Sometimes | Occasionally | Almost never |

## Questions about your residence and wealth

Question 44. Which of the following is your current residence? (Circle one)

| 1. Owned house (single-family house) | 4. Rental house or apartment provided <br> by public housing corporation | 7. Boarding house, rental room |
| :--- | :--- | :--- |
| 2. Owned house (condominium) | 5. Rental public housing house or <br> apartment | 8. Other - Please specify: |
| 3. Rental house or apartment | 6. Company housing, dormitory, <br> government housing, official housing | $\left(\begin{array}{l} \\ \hline\end{array}\right.$ |

Question 45. Do you pay monthly housing expenses and/or mortgage? How much do you pay monthly (on average without counting bonuses)?

| 1. No | 2. Yes $\longrightarrow \quad$ Approximately $\quad$ per month. |
| :--- | :--- | :--- |

Question 46. Since when have you lived in your current housing?

| YEAR: <br> A.D. <br> Showa/Heisei___ | MONTH: |
| :--- | :--- |

Question 47. This question asks about your income of the past year. Approximately what is your individual, your spouse's, and your total household income? Please include secondary and provisional (temporary/special) income.

|  | You | Your spouse | Total household Income |
| :---: | :---: | :---: | :---: |
| 1. None | 1 | 1 | 1 |
| 2. Less than 250,000 yen | 2 | 2 | 2 |
| 3. About 500,000 yen (250,000 to not more than 750,000 yen) | 3 | 3 | 3 |
| 4. About 1,000,000 yen ( 750,000 to not more than 1,500,000 yen) | 4 | 4 | 4 |
| 5. About 2,000,000 yen (1,500,000 to not more than $2,500,000$ yen) | 5 | 5 | 5 |
| 6. About 3,000,000 yen ( $2,500,000$ to not more than $3,500,000$ yen) | 6 | 6 | 6 |
| 7. About 4,000,000 yen (3,500,000 to not more than 4,500,000 yen) | 7 | 7 | 7 |
| 8. About 5,000,000 yen (4,500,000 to not more than 6,000,000 yen) | 8 | 8 | 8 |
| 9. About 7,000,000 yen (6,000,000 to not more than $8,500,000$ yen) | 9 | 9 | 9 |
| 10. About 10,000,000 yen (8,500,000 to not more than 12,500,000 yen) | 10 | 10 | 10 |
| 11. About 15,000,000 yen (12,500,000 to not more than 17,500,000 yen) | 11 | 11 | 11 |
| 12. About 20,000,000 yen (17, 500,000 to not more than $22,500,000$ yen) | 12 | 12 | 12 |
| 13. 22,500,000 yen or more | 13 | 13 | 13 |
| 14.Don't know | 14 | 14 | 14 |
| 15. Don't have a spouse | $\sim$ | 15 | $\bigcirc$ |

Question 48. The following questions will ask about your household income.
(1) Where does your household income come from? Please circle all that apply.

| 1. Wages/salary | 6. Interest/dividends | 11. Livelihood subsidies |
| :--- | :--- | :--- |
| 2. Farming or fishing business | 7. Remittances (from family) | 12. Child-rearing allowance |
| 3. Business other than farming or | 8. Pension (excluding disability | 13. Other - specify: |
| fishing | pension) |  |
| 4. Side work | 9. Disability pension <br> 5. Renting house or land <br> unemployment benefit) | $\left(\begin{array}{l} \\ \hline\end{array}\right.$ |

(2) What is the main source of income among what you chose above? Please give the number below.


Question 49. Approximately how much is the total of all your household's wealth worth (including deposits and savings, shares of stock, real estate, etc.)? Please choose the answer that is closest to the estimation. (Circle one)

| 1. None | $6.5,000,000$ to not more than $10,000,000$ yen |
| :--- | :--- |
| 2. No more than 500,000 yen | 7. $10,000,000$ to not more than $30,000,000$ yen |
| 3. 500,000 to not more than $1,000,000$ yen | $8.30,000,000$ to not more than $50,000,000$ yen |
| 4. $1,000,000$ to not more than $3,000,000$ yen | 9.50,000,000 yen or more |
| 5. $3,000,000$ to not more than $5,000,000$ yen | 10. Don't know |

## Questions about your marriage

Question 50. Are you currently married?
$\left.\begin{array}{|l|}\hline \text { 1. Single } \\ \hline \text { 2. Currently married } \\ \hline \text { 3. Widowed } \\ \hline \text { 4. Divorced }\end{array}\right\}$ Please proceed to Question 56 (Page 18)

## Please answer to each below:

If you are presently married, about current marriage/spouse
If you are widowed or divorced, about most recent marriage/spouse
Question 51. At what age did you get married? If you have married for more than once, please answer with regard to the most recent marriage. (If you don't know what age, please answer with what year)

| AGE (in years): |
| :--- |
|  |


| YEAR: |
| :--- |
| A.D. |
| Showa/Heisei_ |

Question 52. This is a question about your spouse (husband/wife). In what year was s/he born? (Please give either A.D. or imperial year)


Question 53. How did you first meet your spouse? Please circle all those that apply among the following.

| 1. Introduced by parent/sibling | 9. Through a group dating party (gōkon) |
| :--- | :--- |
| 2. Introduced by relative other than parent/sibling | 10. Through a meeting arranged for finding potential |
| partners (miai, or an arranged marriage) |  |
|  | 11. Through a party that is arranged to meet somebody for |
| potential partners (miai party) |  |
| 3. Introduced by friend/acquaintance/childhood friend | 12. Met via the Internet or cellular phone |
| 4. Introduced by colleague or boss at work | 13. Met on a street in town or during a trip |
| 5. Met at work | 14. Through a marriage consultation service or marriage |
|  | agency |
| 6. Through school classes, groups, and activities | 15. Other: please specify below |
| 7. Through a part-time job |  |

Question 54. About how frequently does your spouse do the following activities? (Those who are widowed or divorced, please answer with regard to the time when you were married) Please circle the one that is most appropriate. (Circle one for each activity)

|  | Everyday | 5-6 days <br> per <br> week | 3-4 days <br> per <br> week | 1-2 days <br> per <br> week | 1-3 days <br> per <br> month | Almost <br> never |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| A. Preparing meals | 1 | 2 | 3 | 4 | 5 | 6 |
| B. Doing laundry | 1 | 2 | 3 | 4 | 5 | 6 |
| C. Cleaning the house | 1 | 2 | 3 | 4 | 5 | 6 |
| D. Going grocery shopping | 1 | 2 | 3 | 4 | 5 | 6 |
| E. Eating with you | 1 | 2 | 3 | 4 | 5 | 6 |
| F. Having conversations with you | 1 | 2 | 3 | 4 | 5 | 6 |

Question 55. This question asks about your spouse's current work. (Those who are widowed or divorced, please answer with regard to the time when you were married) Please answer from (1) through (5) in order.
(1) TYPE OF WORK Please choose the closest one. (Circle one)

(2) SUBSTANCE OF WORK Please choose the closest one. (Circle one)

1. Professional/technical... (Requiring special knowledge or skill, such as: doctor, nurse, lawyer, teacher, technician, designer, etc.)
2. Administrative/managerial.......(Division head or higher in business or government, assemblyman, business manager, etc.)
3. Office/clerical.......(Office worker in business or government, accountant, office worker, etc.)
4. Sales .......(Retail or wholesale store help, store clerk, inside sales, insurance sales, outside sales, etc.)
5. Service ....(Beautician, chef, waitress, home helper, etc.)
6. Manufacturing/skilled labor......(Production and assembly of manufactured goods, auto maintenance, building construction, carpentry, electricians, agricultural manufacture, etc.)
7. Transportation/security......(Truck and taxi drivers, dock workers, mail delivery, telecommunications worker, police, fire department, self-defense force, security guard
8. Other
(2)-2 Please specify the substance of their work. (Please answer with [__ position (capacity) with a workplace] as described in sample responses)
(Sample responses)
Farm rice cultivation Teacher at elementary school Supermarket cashier Telephone salesperson at food company Travelling salesperson for cosmetics company Factory production of plastic toys Interior electrical wiring at construction sites Nursing in a social welfare institution (qualified nurse/social worker) Systems engineer at a software development company (Software development technician)
(3) JOB TITLE Please choose the closest one. (Circle one)
$\left.\begin{array}{|ll|}\hline \text { 1. No job title } & \text { 5. Division chief or equivalent } \\ \text { 2. Supervisor, foreman, team leader } & \text { 6. Company president, executive, officer, director } \\ \text { 3. Assistant section chief or equivalent } & \text { 7. Other - please specify: } \\ \text { 4. Section chief or equivalent } & ( \end{array}\right)$
(4) How much time is your spouse generally committed to her/his work?

| A. Average hours per day (including overtime, excluding breaks) | Per average day: |  | hours |
| :---: | :---: | :---: | :---: |
| B. Number of days per average week or days per average month (including vacation days worked) | Per average week: |  | days |
|  | Per average month: |  | days |
| C. Time he or she returns home (average weekday) | About ___ __ | $\begin{aligned} & \text { a.m. } \\ & \text { p.m. } \end{aligned}$ |  |

(5) COMPANY'S TOTAL NUMBER OF EMPLOYEES Include family workers and part-time workers.
(Circle one)

1. 1 employee
2. 30-299 employees
3. Government
4. 2-4 employees
5. 300-999 employees
6. Don't know
7. 5-29 employees
8. 1000 or more employees

## Those who are single, widowed, or divorced, please answer the questions below

Question 56. What are your thoughts regarding marriage? (Circle one)

1. Definitely want to get married
2. Don't want to get married
3. Want to get married if I have a chance
4. Don't think about getting married
5. It does not matter whether I get married or not

Question 57. The following questions will ask you about chances to meet people of the opposite sex.
(1) How many people of the opposite sex do you frequently have conversations with, aside from your particular romantic partner? (Circle one)

| 1 | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: |
| Many | A few | Not many | Hardly any |

(2) How often do you meet people of the opposite sex whom you would like to pursue a romantic relationship?

| 1 | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: |
| Very often | Fairly often | Not very often | Almost ever |

(3) What have you tried in order to meet people of the opposite sex whom you would pursue a future relationship? Please choose all that apply.

| 1. Asked your parents or siblings if they know somebody they can introduce to you | 9. Joined in a miai party (party that is arranged for meeting potential partners) |
| :---: | :---: |
| 2. Asked relatives other than your parents or siblings if they know somebody they can introduce to you | 10. Searched via the Internet or cellular phone |
| 3. Asked your friends, acquaintance, and childhood friends, if they know somebody they can introduce to you | 11. Asked out somebody met on a street in town or during a trip |
| 4. Asked colleagues and boss at work if they know somebody they can introduce to you | 12. Registered for a marriage consultation service or marriage agency |
| 5. Joined school courses, clubs or activities | 13. Other - please specify: |
| 6. Joined hobby classes and groups | ( ${ }^{\text {a }}$ ( ${ }^{\text {a }}$ ( |
| 7. Joined a gōkon (group dating party) | J |
| 8. Joined a miai (arranged meeting for potential partners) | 14. Nothing in particular |

Question 58. Are you dating anyone at present? (Circle one)


Question 59. The following questions will ask about your relationship to your fiancé(e) or romantic partner. If you don't have anybody in particular at the moment, please answer the questions with regard to your last relationship.
(1) How long have you been going out with the person?
Length of relationship: $\quad$ Approximately __ years, ___ months
(2) Do you want to continue the current relationship? If you don't have anybody in particular at the moment, please answer the question with regard to your last relationship. (Circle one for one or the other of the following boxes)
<Those who currently have a romantic partner>

1. Wish to continue my current relationship
<Those who don't currently have a boy/girlfriend>
2. Wish to end my current relationship
3. At the time I wished to continue the relationship
4. Neither of the above
5. Neither of the above
(3) How did you meet the person with whom you are currently dating? Please choose all that apply.

| 1. Introduced by parent/sibling | 9. Through a group dating party (gōkon) |
| :--- | :--- |
| 2. Introduced by relative other than parent/sibling | 10. Through a meeting arranged for finding potential <br> partners (miai, or an arranged marriage) <br> 11. Through a party that is arranged to meet somebody for <br> potential partners (miai party) |
| 3. Introduced by friend/acquaintance/childhood friend 12. Met via the Internet or cellular phone <br> 4. Introduced by colleague or boss at work <br> 5. Met at work <br> 13. Met on a street in town or during a trip  <br> 14. Through a marriage consultation service or marriage <br> agency  <br> 7. Through school classes, groups, and activities 15. Other: please specify below <br> 8. Through a hobby class  |  |

Question 60. What are the reasons why you are presently single? Please circle all that apply.

```
1. Because I am still too young to get married
2. Because I am too old to get married
3. Because I don't yet feel the necessity to get married
4. Because I want to focus on my work (or study) for the moment
5. Because I want to enjoy my hobbies and pastimes
6. Because I have not met anybody to whom I want to marry
7. Because I still want to enjoy the freedom of single life
8. Because I enjoy my current home
9. Because I don't have time to date
10. Because I am not good at dating
11. Because I have concerns with financial situation after getting married
12. Because I wish to explore my current relationship more
13. Because I have not found a chance to decide to marry to the current boy/girlfriend
14. Because my boy/girlfriend does not have a desire to get married
15. Because I don't have enough money to get married
16. Because my parents and people around me don't approve my marriage
17. Because I have concerns with post-marriage life in general
18. Other - please specify:
L
}
```

19. I am planning to get married to my current romantic partner soon

## The following questions apply to everyone

Question 61. In ten years from now, what kind of work do you want to be doing? (Circle one)

| 1. I want to be working as a fulltime employee | 6. I want to be working as a full-time <br> housewife/househusband. |
| :--- | :--- |
| 2. I want to be starting my own business. | 7. I want to be not having to work. |
| 3. I want to be managing my parents' business after | 8. Other - please specify: |
| succeeding it |  |
| 4. I want to be working independently on my own | ( |
| 5. I want to be working for a part-time job | 9. Don't know |

Question 62. In ten years from now, do you think your life will be better or worse than it is now?
(Circle one)

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Better | Somewhat better | No change | Somewhat worse | Worse |

Question 63. Please use the free space below if you would like to write about your thoughts on your current or future work or/and marriage and love relationship.

## The questionnaire ends here. Thank you very much for your kind cooperation.

